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FREE CIRCULATION

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25-05-2025 - 31-05-2025



Need to clear regularly

With less garbage disposal bins for every square km in the neighbourhood, residents of Baskara street, Kodambakkam are facing an acute problem in disposing of their household waste.

There is a shortage of trash disposal bins which has made solid waste management difficult, laments George a long time resident. In many pockets of the neighbourhood, residents are forced to dump household waste in bins which are overflowing most of the time. Due to shortage of bins, refuse remains scattered along the road, he lamented.

Though the civic body has been appealing to people to dispose of garbage between 7pm and 8am so that the neighbourhood remains clean in the daytime, residents of many localities can be seen doing otherwise. If the residents dispose of their household waste by 8am, we can clean the bins and their surroundings before people step out of their homes in the morning," said a civic official.

The civic body must procure more bins and compactors so that more garbage can be picked up within a shorter span of time to keep the neighbourhood clean, residents appeal.

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Voice of GOD



Sri Amirthakadeswarar Temple, Thirukadaiyur

This is the 164th Thevara Paadal Petra Shiva Sthalam and the 47th Sthalam on the south side of river Kaveri. This place was called Thirukadavur during the 6th to 7th Century and is now called Thirukadaiyur. This is one of the Atta (8) Veerattanam Temples and the other places are Thirukovilur, Thiruvathigai, Korukkai, Kandiyur, Thirupariyalur, Vazhuvur and Thiruvirkudi. This is also one of the mooval paadal Petra sthalam.

In Periyapuram Sekkizhar records that Thirugnanasambandar came to this temple after worshipping Lord Shiva of Thitu kottaru. Thirunavukkarasu Swamigal came to this temple after worshipping Lord Shiva of Thiru Ambar. Thirugnanasambandar, Thirunavukkarasu Swamigal, Sundarar, and Vallalar have sung hymns in praise of Lord Shiva of this temple. Moolavar : Sri Amithakadeswarar, Sri Amirtha Lingeswarar, Consort : Sri Abirami

Some of the important features of this temple are

This temple faces west with a 7-tier Rajagopuram and there is a 5-tier Rajagopuram on the east side also. On the west, there is a second level 5 tier Rajagopuram. The stucco images like Devas and Asuras Churning the Thiruparkadal, Gajasmharamurthy, and Thirugnanasambandar sitting on the shoulder of his father Sivapadar. Dwajasthambam, balipeedam, and Rishabam are after the 2nd level Rajagopuram. Moolavar is a little large and called Kalasamhara Moorthy, there is a scar on the moolavar.

In Kalasamhara Moorthy Sannathi, at the base of the Moolavar scene Yama is on the floor after he was kicked by Lord Shiva his relief is on a silver plate. This will be shown to devotees during Poojas. On the opposite side, sila moortham of Yama worshipping Lord Shiva (in the prakara). Maragatha Linga is in a safe and pooja will be conducted during early morning and evening.

In Praharam Markandeswarar, Naganatheswarar, Subramaniam, Gajalakshmi, Natarajar sabha, Pancha Lingas, Santhana Kuravarkal, Kungkuliyaalaiya Nayanar, Minister and the Merchant, Virabhadra, Brahmi, 63var, Somaskandar, Urchavars, Palliyarai and there is no Navagrahas.

Ambal is in a separate temple facing east with Dwajasthambam, Simham, and balipeedam. Abirami Andhadhi was sung by Abhirami Bhattar in praise of Ambal Abirami. The mandapam is of vavval nethi, stucco dwarapalakas are at the entrance of the sanctum sanctorum. Urchavar is with 4 hands in abhaya & varada hastam.

The 15th Century Arunagirinathar has sung hymns in praise of Lord Muruga of this temple. The sanctum sanctorum consists of Sanctum antarala, artha mandapam and a maha mandapam.

HISTORY AND INSCRIPTIONS

Since Moovar has sung hymns in praise of Lord Shiva of this temple, the original temple existed before the 7th Century. Later reconstructed as a stone temple during the Chozha period and further extended during the Pandya and Vijayanagaras periods. The inscriptions recorded from this temple belong to Chozhas, Pandyas, Vijayanagara Kings, and Nattukottai Nagarathars.

The inscriptions recorded from this temple belong to Chozha Kings Rajarajan-I, Rajendra Chozha-I, Kulothunga Chozha-I, Vikrama Chozha, Rajathirajan-II, Kulothunga Chozha-III, Rajarajan-III, Pandya Kings Kulasekara Pandyan, Sundara Pandyan, Konerimai Kondan, Vijayanagara Kings Krishnadevaraya, and Veera Virupanna Udayar.

Your Stars This Year

Aries : Love becomes a silent force of empowerment. Someone close—a lover or a friend—provides you with the arms you didn't know you needed, as you face something that has been lurking silently at the corner of your heart. Their presence takes the edge off the fear. Sink into this nurturing.

Taurus: A gentle breeze drifts over you, speaking through your longing to belong, to be seen and acknowledged. Feeling of real joy for simply being reached for, recognised, and considered. You should lie back and enjoy the moment; accept the grace without guilt. Allowing love to be experienced as a chase.

Gemini: You will find that your love life gets some clarity in the form of a chat or a quiet decision. Your thoughts may begin to scatter further off—what's going to happen next, what will be best for me, and totally emphasise if that person fits into the life you wish to build.

Cancer: Closeness, as you will come to realise, does not always imply constant togetherness. A little space to reflect, breathe, and connect back to the self might remarkably strengthen. A mere distance would be good, even if in a relationship or nurturing a fledgling fire. Love is not gauged by one's talkativeness but by listening.

Leo: Brings nostalgia to your heart, bringing somebody from the past. A memory, a song, a quiet moment strikes you open. Be it to heal wounds or to reach out with them, trust your feelings. In life, what goes around comes around to show you your childhood or the growth you've achieved. Keep an open door.

Virgo: Love creeps in like the simplest moment in the human heart. A gesture, a touch, a slight benefit, which goes unnoticed by someone near you. It will not be grand, but it will touch you way more than they realise; it is love shown by the mundane: a slightly kind word, an act of service. So, have an open heart.

Libra: You will notice it when the tiny sparklets ignite, the rush of passion that is thrilling and intense. The chemistry is real, and the current carries you off your feet, but the question hangs in space: will this energy last? Revel in the heat, yet pay attention to how the pace feels beneath. Is it a mutual, steady current?

Scorpio: Your heart draws a fine line between exhilaration and holding up. You may be led to think about the kind of love that once thrilled you and how much things have changed compared to what really supports you. The lesson is not to let go of passion, but to balance this electric energy of a quick heartbeat.

Sagittarius: Oftentimes, a conversation sticks with you more than anticipated. Even if the messages were simple, the weight upon them lingered in your heart. Pay meticulous attention not only to what was said but also to how it made you feel. Love always talks softly before it raises its voice.

Capricorn: Life shifts and turns with room in your heart to truly explore another meaning. Some longstanding goals now seem less urgent, which allows room for things newly budding forth from a different kind of love- one that sees you the way you are right now. Follow this change.

Aquarius : Someone this week brings emotional solace. It is not about perfection or intensity; rather, it feels like they just eagerly understand. Their values match yours, creating that shared foundation that lets comfort just happen. Allow your heart to nestle in the space. Love is a different realm when you have someone.

Pisces: There is a certain sweetness in this slow dance for your hearts this week. Be it budding or full-blown, it will need its time, time that you are ready and willing to give it. Love need not be pushed; it must be an unfolding, a cascade of daily living. Allow these moments to stretch, to elapse, to breathe. It is a thing of beauty to be able to learn someone's heart slowly.

PREDICTION FOR THIS WEEK
25.05.2025 TO 31.05.2025

Food for thought, food for the soul

It is a rule: as is the food, so is the mind. Whatever we eat and drink goes in the stomach and forms blood. So, the mind is created through food. We need proper dietary restrictions in this Raj yoga. We have to become complete with all the virtues like these Lakshmi [and] Narayan. So, we need to follow proper dietary restrictions. They are as follows:

Eat vegetarian food: If one eats pure and vegetarian food, then one will not have an aggressive animal nature but in contrary will have a virtuous intellect of a deity. Deity qualities will naturally come in people who eat pure food. Divine qualities will naturally flow. Deities like Laxmi-Narayan are offered food (bhog), then do we offer them cigarette, tea, etc.? We don't. Therefore, we should eat the food you offer to the deities as we too are going to become deities. What is the use of becoming a vegetarian? We certainly want to establish peace in the world. [However,] if we continue to eat the meat of animals, Then, the blood of the thoughts will become violent. That is the physical blood and this is the blood of thoughts. If you want to make the blood of thoughts pure, you will have to stop eating things like meat, flesh, eggs, fish, alcohol, etc.

Eat organic food: Today, the situation of the world is such that money is being accumulated in banks, [but] isn't going to come to use. Yield is obtained by adding chemicals while farming, isn't it? People are developing cancer by eating the potato, wheat, rice grown from chemicals; their blood pressure is increasing. So, it isn't doing any good. The food we are eating is causing all the more harm. God says, I have come to give you the

'guru mantra': 'as is the food so will the mind become'.

This is why, reform your food. New methods are coming up nowadays to reform this food. They don't use fertilizers [i.e.] chemicals in farms. They use vermin compost; they use cow dung manure. It will yield good food. The mind will become pure with that food. Cook and eat food in God's remembrance: If you cook food in the God's remembrance, the effect of the yogayukt stage will increase in it.

Whoever eats it will be attracted towards the incorporeal stage. And if you cook food in the remembrance of the bodily beings, bodily beings are certainly number wise. Bodily beings will definitely be body conscious, won't they? So, those who eat food cooked in their remembrance will become body conscious. Body consciousness will attract them. That company also exerts an influence. The effect of the bad company also works along with the effect of the bad food. When you have food, check: for long did you eat in the remembrance of God, isn't it? You should signal each other while having food, 'remember God'. Remind [one another] with every morsel.

The food and drink should also be royal. The more we follow the rules, the more we are benefitted. Very little time is left now. If we don't pay attention now, the sanskaars will become strong forever. The sanskaars of bad food and bad company will become strong for many births. Then you will continuously fall. So, we have to stay very alert in this case. The author is solely responsible for this article. The publisher or editor are not responsible.

For further details contact : 9445520108, 9891370007.

AROUND CHENNAI CITY

Vehicle theft in Porur

A 30-year-old man from Kattupakkam, near Porur, reported the theft of his Royal Enfield motorcycle from the parking lot of Wetland Green Park on Chettiar Agaram Road, Porur. Narayanan claimed that he and his friends visited the park on the 19th, and when they returned, the bike was gone. The Porur police are investigating the incident based on CCTV footage, which shows a young man skillfully breaking the lock. This theft has added to concerns about vehicle safety at the newly opened park, with visitors growing increasingly fearful.



Hawala money seized

Rs. 32 lakh hawala money was seized at Mambalam railway station.

Information was received about drug and hawala money being smuggled. On suspicion, the authorities arrested 3 people at the railway station and conducted an investigation. At that time, they were found to be in possession of Rs. 32 lakh hawala money. The Central Revenue Intelligence Bureau is investigating three people, including a woman, in this connection. Officials said that they had smuggled money to a jewellery store.

Intoxicated man gets slapped for misbehaving

Intoxicated man harassed female sanitation worker, gets slapped by colleagues. A 30-year-old female

sanitation worker was cleaning roads near Arcot Road Bus Workshop in Vadapalani when an 18-year-old intoxicated man, Kaviyarsan, misbehaved with her, exposing himself. The woman's colleagues caught hold of him, thrashed him, and handed him over to the Vadapalani police. Kaviyarsan, a hotel supplier from Kallakurichi district, was arrested and is being interrogated.

Pregnant woman injured in bike accident

A 22-year-old pregnant woman, Divya, fell off a bike driven by her husband, Gopi, when it hit a speed breaker at high speed in K K Nagar on Saturday night. The couple had a fight earlier, and Divya had gone to a nearby park, where Gopi picked her up on his bike.

After the accident, Divya was rushed to a government hospital, where she underwent an emergency C-section. The newborn is in an incubator, and both mother and child are under observation. A case has been registered, and further investigation is underway.

Bike race at night: Fear in Saidapet

Nighttime bike racing sparks fear in Saidapet. Locals in Saidapet, are living in fear due to nighttime bike racing and stunts on a 15-foot-wide road near the Veterinary Hospital complex. The road, which connects to the Commercial Income Tax Department office, becomes a hotspot for young riders to practice wheelies and racing stunts after dark.

Residents have expressed concerns about safety and are demanding a permanent solution to the problem. Despite attempts by security guards to restrict bike access, riders have found alternative routes to continue their activities.

Student was attacked with a sword in Saidapet

A 10 member gang attacked 11th std student in Saidapet. When he was delivering water cans in the morning in summer vacation. During the time of the eye-catching event, the hidden sword was taken out and the student was brutally attacked. A mysterious gang escaped from there after slashing in a total of 10 places with the sword.

It is unknown why this act took place, and who the mysterious gang was. The police registered the case and are investigating.



Police conducts robbery prevention drill for the first time

Despite many steps taken by the police dept the robberies take place even now across Chennai. This has caused a huge concern for both the residents and police department.

The Chennai police department organised a robbery prevention drill recently. The drill showcased about surrounding and arresting the criminal if he or she is armed with weapons or the criminal escapes after committing a robbery.

Chennai Police Commissioner Arun has been taking many measures to prevent robbery, theft, murder etc in Chennai is known to us. The crimes have come down now. Just a couple of days back, Arun took part in a meeting with other police personnel to completely prevent crimes from taking place in Chennai. He even suggested the police dept to organise a robbery prevention drill in the city.



File photo

Police restrict traffic fines to 5 key violations

In response to rising public complaints, Chennai Police Commissioner Arun has issued new guidelines limiting the imposition of traffic fines to five specific violations. The move aims to reduce unnecessary checking and ease traffic congestion caused by police presence on major roads.

Going forward, fines will be imposed only for the following offences:

Over-speeding, not wearing a helmet, Riding on a one-way street, Drunk driving, Carrying more than two persons on a two-wheeler.

This action comes amid concerns that police personnel were forming groups to stop vehicles and issue fines indiscriminately. The new rule is expected to address complaints of excessive fines and traffic disruptions, while still tackling major causes of road accidents in the city.



Mother's day celebrated

Chennai Freemasons, under The Regional Grand Lodge of Southern India, enthusiastically celebrated Mother's Day on May 18. Distinguished guests included RW Regional Grandmaster RW Bro. T.N. Manoharan and MW Bro. Captain Dr. Balram Biswakumar.

The event honoured six inspiring women leading highly acclaimed NGOs. They were recognised for their sacrifices and "never say die" spirit in caring for various inhabitants, including the speech and hearing impaired, differently-abled, juvenile children, and those in hospice care.

4 Inspiring mothers who in their individual capacity, notwithstanding their financial difficulties and emotional bottlenecks were able to raise their children wonderfully who in turn have now excelled in various fields like serving the Indian Armed Forces, successful farmers and to becoming owners of a Chain of Restaurants.

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Silambam walkathon held

About 50 students of Mambalam Youth Club participated and performed walkathon Silambam for 1 k.m distance as part of 'No Drugs' awareness program organised by Sahabha Sports Club, Blue Whale Martial Arts and Nobel World Record at Pondicherry on May 18.

More than 1500 students participated from various parts of Tamilnadu in the program. The participated students were received special certificates signed by N.Rangasamy (Chief Minister of Pondicherry) and awards.

Dr.K.Jayapal (President of Mambalam Youth Club) is conducting free Silambam classes from 7 p.m to 9 p.m daily at Corporation Playground, Bakthavachalam Street, West Mambalam for several decades.

For further details contact : 74485 39539.

Electric lights at bus stops soon

The Chennai Corporation has been cleaning bus stops and roads. Following this, it has been planned to install two electric lights at the corporation bus stops for the safety of children and passengers.

In the first phase, work began on installing two electric lights at 675 bus stops with roadside lighting facilities. So far, work has been completed at 70 bus stops. Work is underway at other locations.

Furthermore, the Chennai Corporation has announced that work has begun on installing electric lights with electricity meters at 210 bus stops that do not have roadside electricity facilities.



Vishnu Sahasranamam paarayanam

Sri Shirdi Sai Seva Samaj (21, Jaishankar Street, West Mambalam) conducting Sri Vishnu Sahasranamam paarayanam daily at 6 p.m in its premises. Devotees are welcome to participate in the paarayanam. The Samaj is constructing a 3-storey building for annadhaanam and other functions opposite the temple. Those who want to donate for the construction. For further details contact : 84282 42842 or 93428 50974 or 72004 33455





Eye catching mural paintings was painted recently in C P Pavalavannan subway in Saidapet.



Need bin

As the trash bin is overloaded passerby are dumping garbage outside the bin in Valliammal Garden Main Road, Kodambakkam. Residents appeal for an additional trash bin to accommodate the garbage lying scattered around it. Even after many complaints the civic body is not cleaning the wastage dumped near the trash bin.

The sight of overflowing trash bins along the roadsides has been common nowadays and it is time the civic body place an additional bin in place, says Anu a local resident. Inadequate bins and delay in clearing the garbage leads to public dumping garbage on roadsides or at places of their choice. This leads to stench emanating in the area and the bins turn into a breeding place for mosquitoes.

Many bins kept along the roadsides were filled with plastic materials and dumping of waste by hawkers or shopkeepers consumes most of the space. Even chopped tree

branches and cardboard boxes used for packaging were dumped in the bins leading to overflowing.

Residents point out that bins starts overflowing in a day whereas it is cleaned every two or three days.

We are forced to dump on the roads due to increase in population, says Sai a local resident. The civic body for effective implementation must take steps to accommodate an additional bin to bring a permanent solution laments residents.

Development work in Saidai worth Rs. 6 crore

A budget of Rs 2.32 crore has been allocated for beautifying the footpaths in the areas of Adyar Zone, 169th Ward, Saidapet, Mambalam Canal Park and LTG Road, Thomas Nagar, Srinagar Colony, CIT Nagar.

58 lakh rupees were allocated to demolish the useless toilet in Venkatapuram and set up a tailoring training room and a women's gym in it.

Furthermore, Rs 3 crore has been allocated for the construction of a rainwater drainage system from Sathya Nagar Srinagar North Mada Street to the Adyar River.

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HOME VISITS UNDERTAKEN

Awareness rally for segregate garbage in T Nagar



GC conducted an awareness rally on garbage segregation which was inaugurated by T Nagar DMK MLA Karunanidhi. The rally started from the MLA's office in T Nagar the awareness rally covered the areas T Nagar Ranganathan Street and West Mambalam Market. The Corporation has advised the public to segregate household waste into biodegradable, non-biodegradable and hazardous waste.

However, many people still do not properly segregate their garbage. Accordingly, awareness is being created about waste segregation.

Kodambakkam Zonal Assistant Commissioner Murugesan, Executive Engineer Iniyan, along with corporation officials, sanitation workers and college students participated in the rally.



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Foot of the EB box was damaged before after publishing in Kodambakkam Times it was rectified recently in Babu Rajendraprasad road, West Mambalam.



Platform slabs removed and dumped



Protruding platform slabs removed and dumped on Valliammal Thottam Main Road is a threat to passersby, mostly senior citizens, especially during late evening hours. We have given many representations to replace the slab but no action has been taken yet, says Sambandam a retired school teacher and a long time resident. During night hours generally senior citizen like us overlook the protruding slab and get injured, says Meenalochani, a local resident. Many cases go unreported, she added. Replacing the slab will take about a couple of hours but the concerned are not listening to our requests. We have to live with it, laments Rajagopal another resident of the locality. Morning walkers and joggers find it very difficult at dawn and dusk, he added. Residents are on the lookout for an early solution.

Statement issued by the Chennai Metropolitan Police Commissioner's Office: Emergency helpline: Calls to 100 are received from the State Police Control Center and arrangements have been made to provide assistance to the concerned persons within five minutes through the Chennai Metropolitan Police Radio Unit.

For this, 234 patrol vehicles are engaged in surveillance work under the supervision of Commissioner Arun and additional, joint and deputy commissioners.

SIs and police officers trained in legal aid and life-saving first aid have

Police assisted 69,628 people who called emergency numbers



been deployed to provide legal assistance. In addition, SIs and police officers are working in rotation 24 hours a day in three patrol vehicles each, namely a white Krista, Innova, and Gypsy Bolero, in the 12 police district boundaries divided into Thiruvallikeni, Adyar, and Kilpauk. This year, in four months, 69,628 people who contacted emergency numbers were quickly attended to and their grievances were resolved.

Police to launch robotic cop at 200 locations

The latest sensational news is that at 200 locations in Chennai, Greater Chennai Police would deploy Red Button Robotic Cop with the main aim of enhancing public safety within a month.

It is noteworthy that this Robotic Cop would be equipped with the CCTV cameras that are capable of 360 degrees surveillance and panic buttons for real time communication facilities for the affected public for interacting with the police.

To use this tool in policing, the police personnel would be provided with special training. Anomalies in the public space would be detected by the robotic cop (equipped with state of art sensors and cameras) and authorities would be alerted immediately. The CCTV cameras that would cover 360 degrees would help in the investigations etc. This was according to the police department.

The law and order police personnel would provide the initial feedback and based on that the Robotic Cop would be installed at 540 locations across Chennai. This would be in the first phase. Various locations in Chennai where the Robotic Cop would be installed are shopping & transit hubs, IT Parks, places of worship and other crowd gathering places.

It was brought out by Chennai Police Commissioner Mr. Arun that the number of units would be increased to 200. To ensure a seamless response in the times of emergencies, the police dept is having plans to integrate Robotic Cop with Chennai's current surveillance systems.



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Corpn deploys high-end suction sweepers to speed up city cleaning

In a move to boost sanitation and speed up cleaning operations, the Greater Chennai Corporation has introduced 10 advanced suction sweeper machines for use on city roads. Another 10 machines will be added soon, with plans to purchase 20 more in the pipeline.

Each machine can clean approximately 1 km per hour, or 800 meters in dust-heavy areas, significantly improving efficiency. The machines have already been tested in some areas.

Earlier, it required 4-6 workers to clean a 500-meter stretch. Now, just two operators can manage a machine, reducing manpower needs. The collected dust is transported to primary and secondary collection centers in each zone before being sent to dump yards.

Kilambakkam railway station set to open by July first week

Bus commuters facing difficulty accessing the Kilambakkam Kalaingar Centenary Bus Terminus (KCBT), located 25-30 km from Chennai, can expect relief soon as train services at the Kilambakkam railway station are set to begin by the first week of July.

According to Divisional Railway Manager B Vishwanath Eerya, one platform and shelters have been completed, while the second platform will be ready within 30 days. A temporary ticket office will also be set up. However, train stoppages will commence only after the state government completes the foot over bridge (FOB), as operating without it poses a safety risk for passengers.



Date announced for supplementary exams

The Tamil Nadu School Education Department has announced that the supplementary examinations for students who did not pass the Class 10 and 11 board exams will be conducted on July 4, 2025.

Students who wish to appear for the supplementary exams can submit their applications between May 22 and June 6.

Additionally, students can download their provisional mark sheets from May 19 via the official websites: results.digilocker.gov.in, www.tnresults.nic.in

This provision will help students to apply for higher studies or reappear for exams without delay.



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