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FREE CIRCULATION

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22-11-2025 - 28-11-2025



Centre medians are getting ready

Greater Chennai Corporation is building 4ft-high medians that will double as planter boxes on busy roads. Unlike last time, when planter boxes were placed in medians, GCC now is constructing concrete medians with open space in the centre for plants. It has built these on Anna Main Road, K K Nagar and will expand it to other parts also. The medians will have attractive paintings. Mid-sized Bougainvillea, Portulaca and Lantana plants chosen to withstand 10 hours of sunlight, wind and dust will be planted on key stretches. Earlier, GCC directly maintained it and staff were lax. We may hire contractors to maintain the plants but the decision not yet taken.

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Voice of GOD



Pasupatheeswarar Temple, Thiruvarur

This is the 189th Thevara Paadal Petra Shiva Sthalam and the 72nd Sthalam on the south side of the river Kaveri of Chozha Nadu. This place was once called Thirukondeeswaram, now called Thirukondeeswaram.

In Periyapuram, Sekkizhar records that Thirunavukkarasu Swamigal went to Thiruvanjiam after worshipping Lord Shiva of Thiruveezhimizhalai. He didn't mention this temple in particular. Since we have got the hymns in this temple, and this place is on the way between the above two temples. Hence, Appar worshiped Lord Shiva of this temple also. Thirunavukkarasu Swamigal and Vallalar have sung hymns in praise of lord Shiva of this temple. Moolavar : Sri Pasupatheeswarar, Consort : Sri Santhanayagi

Some of the salient features of this temple are.... The temple faces east with an entrance arch. Balipeedam and Rishabam are in front of the sanctum sanctorum. An arch with stucco images is above the sanctum entrance. Moolavar is small. Moolavar came from the earth when Ambal, a cow, hit the earth with her horns (There is a scar is on the top of Moolavar). In Koshtam Dakshinamurthy, Lingothbavar, Brahma, and Durgai.

In the praharam Vinayagar, Subramaniam, Gajalakshmi, Brahmapureeswarar, Agastheeswarar, Viswanathar with Visalakshi, Bhairavar, Nagar, Thirugnanasambandar, Suriyan, Jyeshtha Devi, Navagrahas, Aabathsahaya Maharishi, and Jurahareswarar with three legs / Thiruvadikal. Bas reliefs of Kamadhenu, Ambal worshipping Lord Shiva are on the pillars of the mandapa.

ARCHITECTURE

The main temple consists of the sanctum sanctorum, antarala, and artha mandapam. The adhistanam is of simple pada bandha adhistanam with 3-patta kumuda. The Bhatti starts with Vethika. Vishnu Kantha pilasters are on the Bhatti. A 2-tier nagara Vimanam is on the sanctum. All the mandapas are of Vavval nethi style. Dwarapalakas are made of stucco. The Sthala Purana is painted on the ceiling of the ardha mandapam.

HISTORY AND INSCRIPTIONS

Since Thirunavukkarasu Swamigal has sung hymns in praise of Lord Shiva of this temple, the original temple might have existed before the 7th Century. The same was reconstructed as a stone temple during the Chozha period and later extended/renovated by the Vijayanagara Nayakas and Nattukottai Nagarathars. The Saka 1439, ie, 1517 CE Vijayanagara King Veera Krishnadeva Maharayar inscription records the capture of Udayagiri fort and the arrest of Thirumalairakuthar.

Maha Kumbabishekam was conducted on 10th September 2006 after renovations.

LEGENDS

As per the sthala purana, Ma Parvati, as a cow, came to this place in search of Lord Shiva. She excavates the earth with horns. The Horns hit the Shiva Linga, and blood was gushing out. Ma Parvati worshiped Lord Shiva with milk from her udder and healed the wound. A Scar can be seen still on moolavar. Hence, Lord Shiva is called "Pasupatheeswarar". Since Ma Parvati worshiped Lord Shiva in the form of a Cow (ferocious), this place is called Kondeecharam. As per the Sthala Purana, this is one of the 4 sthalas / temples, where Guru (Pragaspathi, also known as Vyazhan of Navagrahas) worshiped Lord Shiva.

Your Stars This Year

Aries : Someone may catch your interest who is not typically your usual type. This might be something good. Rather than jump to immediate judgment, stay open to whatever feels right. The real thing could be concealed behind a surprise. A conversation will help deepen your altered perception of the person.

Taurus: The pressure to make something happen in love may weigh upon you. Forgoing particular rigid expectations may result in the bounty of happiness this week, rather than chasing after it. If you're in a relationship, don't try to make every moment perfect. There is a relationship outside of the loosening-up.

Gemini: Just because love moves slowly doesn't detract from its value. If you are in a relationship, make space for understanding both yourself and your partner. Take time to reconnect without pressure. It is possible to love deeply and move at your own pace. Your feelings remain true.

Cancer: Interpret this as a week for quiet reflection rather than grand gestures. Your heart might feel full of questions, but not all of them need responding to now. Singles or couples being alike, give yourself time to think it over. Taking the time to sit with your emotions before taking action can be invaluable.

Leo: In more ways than one, how you treat yourself will be reflected in your love life. If you are being too hard on yourself, it may affect how you present yourself in relationships. Be kind and patient toward your own heart first. Dating requires confidence, self-respect, and not just charm. Charging on behalf of others but not for yourself.

Virgo: Somebody has all the elements of attraction if they stand for what changes you have put in yourself. Then, love talks about growth this week. New partner or life partner and assess how far you both have come. Feel emotionally safe and challenged in positive ways. Allow the connection to mirror your inner work.

Libra: Things may seem a little unclear in love this week - and that's alright. Not every feeling needs to be put into words immediately. You've got something new you're trying on or a shift is happening in your relationship, just allow yourself some time to feel along. Let your feelings settle before trying to make sense.

Scorpio: An ongoing love affair could finally be picking up steam after being dull for too long. Repetition of a pattern or the persistent emotional block, a turning point is approaching. Perhaps you will gain a new perspective on someone or fall in love with them. Other side, they, too, could be seeing you through new eyes.

Sagittarius: A spectacular week is in store for you! A certain terrifying chill is cast upon the idea of being emotionally intimate, especially when you are rather fond of your freedom. Necessarily mean sinking into some form of ocean of non-existence? Go slow, but do not flee. The way, have trust in the company.

Capricorn: One of your old rules may indeed be tested by love. Need to be a change to one of your boundaries. It may need to be made tighter to protect your peace or softer to let someone in. Do not consider this a failure. Relationships change, so should your boundaries.

Aquarius : Spend these days concerned about being too much- either too emotional, too independent, or just too complex. Remind you that a good one will never make you feel hurt; it's a burden in itself. Just be yourself. If somebody distances himself/herself because of your truth, they were not meant to be part of your journey.

Pisces: Will provide an opportunity to breathe life into otherwise heavy moments that might have felt confronting over the recent days. A little laugh or playful exchange will create pathways toward bonding. Regardless of whether you're dating or in a relationship, never let joy pass unnoticed. Go on and plan some adventures; drop a love note; let the silliness flow.

PREDICTION FOR THIS WEEK
22.11.2025 TO 28.11.2025

Simplicity signifies greatness of spirit

Among all the virtues, simplicity is the first and foremost virtue. The one who is simple himself is beautiful. It isn't just about simplicity in clothes but in everything. To become ego less means to become simple. Free from anger means simple. Free from greed means simple. This simplicity is the means of purity. The simpler someone is, the cleaner he will be. Cleanliness attracts everyone towards itself. Cleanliness means honesty and truthfulness. There will be honesty and cleanliness only when you have simplicity. The one who has an easy nature can also take on various forms. You can mould a soft thing in any form you want. The one with simplicity can easily have the power to pack up. The one with simplicity will also be everyone's helper. The one who is dear to all, he receives help from all.

And the more someone has simplicity, the lesser he will face the problems. He seems dear to everyone. The one with simplicity never has waste thoughts. His time isn't wasted. Because of not having waste thoughts, his intellect is broad and far-sighted. This is why, no difficulty can confront him. The one who is simple accepts what someone says as it is and doesn't question: why, what, how, how can this be possible, how can that be possible? If he gets a proof, he readily accepts it. You should be simple. Along with it, you should be patient as well. Sometimes, it takes time for the result to come out. It shouldn't be the case that the intellect feels hopeless.

So, you have to have a little patience. Extreme simplicity itself popularizes true greatness. Just like, look, people said that Gandhi was simple but despite being simple, he did prove himself by becoming a

sample, didn't he? His simple activity itself was the sign of greatness.

Who can be simple minded? In every subject, the more someone is clear, the more he is clean hearted, the simpler he will be. It is also said that the Lord is pleased with a true heart (sacchedil par saahabraazi). So, the Lord will come to whose mind more? Those who have a clean heart will remember the Lord a lot. Those who haven't made their mirror like intellect, their heart clean, those who don't tread with truthfulness, and those who hide things, their heart can never be clean. The Lord's remembrance can never be imprinted in that heart. Your efforts don't go in vain. Whatever efforts you make will be revealed someday or the other. Only simplicity and a lot of patience is required. You should become virtuous. You have to assimilate virtues in every situation.

Whichever virtue you need at whatever time, that virtue should emerge and be visible through the face and actions. If there is a shortage of any virtue... suppose there is a shortage of the virtue of simplicity but the virtue of simplicity is necessary while performing actions; sweetness is necessary.

If there is even a little excitement or anger instead of simplicity in speech or actions or if there is no simplicity due to tiredness, if there is no sweetness on the face, if the face becomes serious, then that won't be called being complete with virtues. Let it be any circumstance, any situation or problem, but my virtue should definitely emerge. The author is solely responsible for this article. The publisher or editor are not responsible.

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High mast light erected in many important junctions



The high mast lights have been erected by GCC in important junctions one such light is seen in Erikarai Road Junction connecting K K Nagar. Workers are fitting the lights in one of the junctions.



GCC pruning trees which covering street lights

Overgrown tree branches which covering streetlights in K K Nagar have been pruned in many places. It is a common sight across several neighbourhoods in the city. One such neighbourhood is Bharathidasan Street and interior lanes in K K Nagar face similar issues.

The dark spots shows no safety for women and children and more over it's a good steps to cutout dangerous branches for the monsoon. Moreover potholes cannot be identified first and then there many stray dogs and cattles. A GCC official said the pruning was carried out by both the electrical and parks departments, with added focus during the monsoon season. "In the last 3 months, trees on around 7,000 streets were pruned. The GCC operates 15 Sakthiman pruning machines and has sought more units," he added.

However, officials admit that the shortage of machinery and manpower continues to slow the process. This shortage was raised at the Council meeting in September, where councillors pointed out that most of the time, the vehicles were unavailable or under repair.

Officials said pruning was taken up both as routine maintenance and in response to public complaints, but the scale of the work requires more equipment.

RBI freezes 3 types of bank accounts

The Reserve Bank of India (RBI) has announced new changes in banking regulations. These regulations will come into effect from November 20, 2025.

This will lead to the closure or restriction of certain bank accounts. Bank account holders will now be able to add up to four nominees to their account.

Accounts that have been inactive for a long time or have no balance will be greatly affected by these new rules. Bank accounts that have not had any transactions for several years will be closed or their operations will be restricted.

Furthermore, three types of bank accounts will be closed: Dormant, Inactive and Zero Balance Accounts. Previously, only one nominated person was allowed, now, up to four nominees can be added to an account. These new rules by the Reserve Bank of India are said to be a major step towards making the banking system more transparent and secure.

RBI Issues New Guidelines For Minimum Bank Balance



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CHENNAI CITYNurse's arrested for
stealing mangalsuthra

Thangammal, 38, lives in Saidapet. She works as a nurse at Egmore Children's Hospital. She fell ill on 15th of this month. She accompanied a colleague with her and took an auto to get treatment.

After reaching home, she found her five sovereign mangalsuthra missing. When Nancy questioned Nisha, regarding the missing jewellery she said that she even find her jewellery missing following that they made the complaint to the police and the auto driver was questioned.

When he refused, they examined the surveillance cameras from the hospital to the home. It turned out that the auto driver did not stop the auto anywhere.

On suspicion, they questioned Nancy Nisha and she confessed to the crime.

The police arrested Nancy Nisha and seized the jewellery and arrested her.



apartment including two elderly people.

It is said that a locked second-floor apartment on Saturday with fumes of smoke spreading through the three storey complex. Six fire engines rushed to the spot and contain the flames.

The fire, which is suspected to be the result of a short circuit, spread quickly through the rear block, darkening corridors and stairways. A passing medical

representative, and a food-delivery worker guided the panicked occupants towards safer sections of the building. The medical representative, Vimalraj of Padi, climbed up a drainage pipe to reach the terrace to rescue those who were stuck there.

Upon hearing the news pharmaceutical distribution company promoted him as a manager of the company who bravely risked his life and saved others. SJR distributors the company where he works also honored him with a 20,000.

Councillors allege at
Valasaravakkam Zonal
meeting

"Despite the contract being awarded in the ward for the past year, no work has been carried out. There has been

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a health crisis in many places due to non-disposal of garbage," the councilors alleged at the Valasaravakkam Zonal Committee meeting.

The Valasaravakkam Zonal Committee meeting, chaired by its chairman Rajan, was held at the Zonal Office the day before Wednesday. 14 resolutions were passed in the meeting.

The councilors spoke at the meeting:

Selvakumar, DMK, 154th Ward: The contract has been in my ward for a year and no work has been done. Despite preparing and submitting an estimate, the contract was not awarded. Similarly, the contract for the councilor's fund was not awarded for two years. A new meeting should be held to determine which of the demands made by the councilors at the meetings were met.

Giridharan, AMMK, 148th Ward: The court has ordered that stray dogs in public places like hospitals and government offices should be caught and released elsewhere or in shelters. Action should be taken accordingly.

The mosquito repellent machines break down frequently. So we need to buy new machines. In the ward, the old pipe is leaking water. We need to replace it with an iron pipe.

Polling station officials who come to the SIR to revise the voter list do not go door to door, but sit in one place and invite people.

Shankar Ganesh, DMK, Ward 151: There has been no water supply in Subramania Nagar, Valasaravakkam for three months. Although a pipe has been installed there to provide water 24 hours a day, this problem persists. Thus they spoke.

Fire breaks out at an
apartment 20 people rescued

A major fire broke out on the second floor of a three-storey apartment building on Ramachandra Street, T. Nagar, on the 15th. 20 people was rescued from the

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Wonderla amusement park in Chennai soon

Wonderla Holidays, one of India's leading amusement park groups, on Tuesday announced the launch of Wonderla Chennai with an investment of 611 crore.

Spanning across 64.30 acre (of which 37 acres are developed) along Chennai's Old Mahabalipuram Road and built with an investment of over Rs 611 crore, Wonderla Chennai represents a bold new chapter, blending a fusion of futuristic innovation and ancient Tamil architecture.

The park will be officially inaugurated on December 1, 2025 by Chief Minister MK Stalin along with other dignitaries, and will open to the public on December 2, 2025.

Wonderla Chennai features 43 world-class rides across high thrill, family, kids, and water categories, built to entertain up to 10,000 visitors daily. Tickets will start at a base price of 1,489, with a 10% discount available for online bookings and a 20% concession for college students presenting a valid ID, along with other curated offers for groups and seasons. "Beyond rides and attractions, we want Wonderla Chennai to become a destination for celebration, a place where families and communities come together to mark festivals, milestones, and shared moments of joy."

Digital life certificate service at your doorstep via postman

The Department of Posts is facilitating the submission of the mandatory Annual Life Certificate (ALC) in digital mode for pensioners through India Post Payments Bank (IPPB), allowing them to complete the process without leaving their homes.

This initiative, available to Central/State Government, Army, and Employee Provident Fund (EPF) pensioners, enables the generation of the Digital Life Certificate (Jeevan Praman) using biometric authentication or the Face RD App. Pensioners can avail this doorstep service through their area postman or postal delivery staff for a normal service charge of Rs.70.

To generate the ALC, pensioners need to provide their Aadhaar number, mobile number, PPO number, and pension account details. Eligible pensioners are requested to avail this service through their postmen or by registering a service request online at <http://ccc.cept.gov.in/ServiceRequest/request.aspx> or through the 'Postinfo' app.



Damaged water tanks block pathways in South Perumal Kovil Street, Vadapalani. Will concern authorities clear this mess.



Danger in wait in the subway

A sewage pond has formed in the C.P. Pavalavannan tunnel on Jones Road, which connects Jafferkhanpet. Due to this, motorists are losing balance in the potholes and getting involved in accidents. The concern authorities should take action before any untowards incident happens.

Do you know what the cost of a phone call was in India in 1995?



phone call.

The late West Bengal Chief Minister Jyoti Basu spoke to the then Union Minister of Communications Sukh Ram on the phone using a Nokia mobile phone.

It is noteworthy that this call was connected through Modi Telstra network.

The mobile revolution in India When mobile phones became popular among the public, call charges were very high.

During that period, the cost of a minute of call was Rs. 8.4, and during peak hours, the cost of using the network for a call doubled to Rs. 16.8. This is about Rs. 170 in today's rupees.

But the landscape began to change after Mukesh Ambani's Reliance Jio entered the telecom business in India in 2016.

Jio has revolutionized the telecommunications industry, making mobile calls to any network in India virtually free.

Although standard reasonable rates apply for international calls, the arrival of Jio, India has become one of the few countries with the lowest mobile tariff plans and internet service charges in the world.



Chennai sets up 947 voter assistance centres

As part of the Special Summary Revision for the 2026 General Elections, the Greater Chennai Corporation has announced that 947 Voter Assistance Centres will function across the city till November 25.

According to a press release issued by Chennai Corporation Commissioner J. Kumaragurubaran:

- Special voter list revision work is underway in all 16 Assembly constituencies under Chennai district.
- Booth Level Officers (BLOs) are visiting households to distribute and collect voter forms.
- The assistance centres will help voters clarify doubts, fill forms, and verify details.
- Services will be available daily from 10 AM to 6 PM.
- Senior citizens and persons with disabilities can visit with an accompanying person.

Required documents will be checked and forms will be processed on the spot.

Additionally, as per the Election Commission of India guidelines, authorised booth-level agents of recognised political parties can submit up to 50 completed forms per day along with the declaration to the respective BLOs until the publication of the draft electoral roll.

This initiative aims to ensure that eligible voters are correctly included and outdated information in the voter roll is updated before the 2026 elections.

In today's era, it is unimaginable to live without mobile phones.

In such a situation, it is surprising that the first steps of mobile phones in India were taken only three decades ago.

First call?

The official journey of mobile phones in India began on July 31, 1995.

The then Chief Minister of West Bengal, the late Jyoti Basu, created history by making India's first mobile

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Robotic Rehab is well received

The state-of-the-art robotic and virtual reality technology used by patients with paralysis due to stroke and head injury at the K.K. Nagar Government Institute of Rehabilitation Medicine in Chennai, has been well received says Dr. P. Thirunavukkarasu, director of the institute, due to this robotic patients are recovering much faster. He continued that no government hospital in Tamil Nadu has such hi-tech medical infrastructure robotic techniques are used here. When a stroke or head injury occurs, brain cells are damaged. This disrupts communication between the

brain and the rest of the body's nerves, preventing movement of arms and legs. Even if the bleeding, injury, or blockage in the head is repaired, the body's movement, lost from the brain's memory cells, does not return immediately. Rehabilitation is the gradual restoration of that. When such treatment is given, the brain begins to renew the connection between nerve cells. This is called neuroplasticity. Such treatments were until now provided with the help of conventional medical devices.

Now, they are carried out with the help of hi-tech, imported equipment. EMS (electrical muscle stimulation) training, which stimulates the muscles that are not working in the body, is provided first. After that, electrical vibrations are given to improve the movement of the muscles. For this, a device called electrical myograph stimulation (EMG) has been installed.

A robotic glove is used to train the hand, wrist and fingers. Hand and shoulder recovery training is provided through a robotic device imported from Thailand. There is also a special treadmill device to improve the ability of the legs. A virtual device is attached to the patients' eyes. Then, various games are displayed to his eyes. He has to catch some objects that appear in it using his hands or feet. Hundreds of patients have been benefitted from this robotic rehabilitation.

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