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Naganathar Temple, Pamani

This is the 221st Thevaram Paadal Petra Shiva Sthalam on the south side of the river Kaveri and the 104th sthalam in Chozha Nadu. This place was called Padhalecharam during Thirugnanasambandar's period, and the same was called "Pampani" during the Sundarar period and has been corrupted to the present name of "Pamani". Pamani is about 3 Km from Mannargudi City.

In Periyapuram, Sekkizhar records that after visiting Pandya Nadu, temples came to this Pathaleecharam. After worshipping Lord Shiva of Kollamputhur, Nallaru, Thelicheri, Iyyaru, and Kazhumalam (Sirkazhi) went to Nadu nadu. But, in actual Pathaleecharam after Thirukalar.

Moolavar : Sri Sarpapureeswarar, Sri Naganatha Swamy, Consort : Sri Amirtha Nayagi. Some of the Salient features of this temple are.... The temple faces east with an entrance Arch. Stucco images of Shiva's family are on the arch. Dwajasthambam, balipeedam, and Rishabam are in front of the sanctum sanctorum. A Single-level Rajagopuram is at the entrance of the Sanctum Sanctorum. Moolavar is of Swayambhu, an ant hill/putru, and has three parts. On the left side is the Dhanajaya Munivar. In koshtam Narthana Ganapathy, Dakshinamurthy is Guru Bhagavan, Lingothbavar is Annamalaiyar, Brahma, and Durgai.

In the inner praharam, Suriyan, Sthala Vinayagar, Subramaniam, Gajalakshmi, Durvasa, Sastha, Kalabhairava, Shaneswara, Navagrahas, Nalvar, and Chandran. Natarajar is in the mandapa.

In the outer praharam, Ganapathy, Nagaraja, Mummoorthy, Kalingeswara, Subramaniam, Panchalingeswara, Durgai, Lakshmi, Gnana Saraswathy, Kala Bhairava, A bas relief of Guru Bhagavan in sitting posture on a Lion is on a mandapam Pillar. Simha Dakshinamurthy.

HISTORY AND INSCRIPTIONS

Since Thirugnanasambandar has sung hymns in praise of Lord Shiva of this temple, the original temple might have existed before the 7th Century, and the same was reconstructed as a stone temple during the Chozha period. Further extended and maintained by Nayakas and Nattukottai Nagarathars.

As per Rajaraja Chozha-I, a period Tamil inscription, this place was called "Suddhamalli Valanattu Pampani Kootrathu Pamani". Lord Shiva was called Thirupathaleecharam Udayar.

An inscription records the endowment of land gifted to this temple by Selvathiruvavar Vageesaperuman Vadakeelmatta Mudaliar Pillai, which includes Alalasundarar Thirumadam.

In addition to that, an inscription records the burning of a perpetual lamp and annadhanam to the Devotees, for the same gift of gold and Goat/sheep, given to "Sribhoorthi Vinnagar Alwar".

The temple is being maintained by the Nattukottai Chettiers. Sri Lakshmanan Chettiar and his wife's bas-relief are in the front mandapam.

LEGENDS

This place was called Pampani, Sarpapuram during ancient times. As per the legend, Adhishesan came out of Pathalam as Dhanajaya Munivar and worshiped Lord Shiva of this temple. Hence, this place is praised as "Pathaleecharam". Hence, this temple is considered a Sarpa dosha parihara sthalam. Since Dhananjayan worshiped Lord Shiva on the first day of Aippasi, on that day, naivedyam will consist of Vegetables, Kuzhampu, rice, and vada payasam will be offered.

Your Stars This Year

Aries : Your mind may be ready for action while your body asks for a little more rest, but one bold decision can quickly change the pace. Family warmth grows early in the week, and old worries begin to fade. Support from your parents, and useful discussions about a vehicle, property, or household comforts.

Taurus: Health may feel slightly delicate, and one sharp exchange with your spouse could affect the entire evening. If you can't speak gently, it's better to wait. Postpone a vehicle purchase or any new investment made in excitement. Responsibilities may feel heavy, support from a younger sibling, colleague, or junior helps lighten.

Gemini: With respect, valuable contacts and strong communication. Your words carry weight and business natives may receive orders or income from multiple sources. Family conversations also improve, even if your confidence doesn't fully match the praise.

Cancer: Expenses may rise quickly, family tempers could become strained, and a younger sibling might test your patience. Keep your wallet closed unless a purchase is truly necessary. This is also not the right time for a new investment or an emotional argument at home. The atmosphere begins to improve.

Leo: A steady flow of income, helping you manage expenses comfortably. A cancelled journey may quietly save you unnecessary time and effort, while property-related commitments are better postponed for now. May bring lower confidence, rising expenses, and some irritation caused by a younger family member.

Virgo: Work pressure eases, influential contacts become supportive, and your efforts receive well-deserved recognition. There may be relief regarding your father or an elder male figure, while your mother's health may need a little extra attention. Support from an elder sibling, and progress towards a long-held wish.



Libra: With luck, steady gains, and the possibility of income from a second source. Even so, your mind may remain restless, and a small disagreement with your spouse could grow if pride gets in the way. Say what you need to say, but choose your words carefully. Seniors or influential people may offer valuable guidance.

Scorpio: Slow down while travelling, working, or handling tools and machinery. An upsetting message or unnecessary argument may affect your mood, so avoid reacting impulsively. It's also wise to postpone fresh investments and speak gently with your spouse. Tuesday brings a welcome improvement.

Sagittarius: Welcome support from your spouse or partner. Love feels warmer, and practical financial planning becomes easier when you work together. Avoid spending on unnecessary luxuries, and pay attention to your diet. May bring delayed payments, old dues, or a pending reimbursement. Carefully planned.

Capricorn: Work, studies, paperwork, and family responsibilities move smoothly, while a gathering or social occasion brings warmth and happiness. Business travel may support growth, and athletes or students preparing for competitions could receive appreciation.

Aquarius : With renewed energy and better organisation. Scattered tasks start falling into place, while good news from children, younger relatives, or someone you mentor lifts your spirits. Small celebrations bring warmth and happiness. Students, employees and sports persons can make a strong impression.

Pisces: The week begins with a sense of relief as worries slowly begin to fade. Family support, especially from your parents or mother, brings comfort, while a vehicle purchase, repair, or transport-related plan may move forward. Early financial planning also helps strengthen your savings. From Tuesday onwards, love and confidence grow stronger.

PREDICTION FOR THIS WEEK
16.08.2026 TO 22.08.2026

Let's celebrate the true freedom on this Independence Day

The British rule ended in Bharat on 15th August, 1947. We celebrate Independence Day in its remembrance. But is the Independence Day that we celebrate with such joy and enthusiasm, the real Independence Day? Today, we have attained freedom from the British rule but some people of Bharat itself have tied it in new kinds of shackles. These are the shackles of vices, corruption, racial discrimination, mutual hostility and misconduct. So, are we free from the slavery of these five vices? Svatanrata means the rule of self. If it is constant in the feeling of the self, it is the true freedom; or else, it is slavery. Is Bharat a piece of land or a living entity????

Is this Bharat, which we refer to repeatedly, just a piece of physical inert land? In its reply, Honourable Shri Atal Bihari Vajpayee Ji had said: 'Bharat is not a piece of land, it is a living nation like man.' "My Bharat is great. So, is a land great or is a person great? If a person does a great work, the name of the country will be glorified. This is why something living is especially glorified. So, Bharat is a living entity as well. So, God Shiva has incarnated in this land of Bharat and upon entering the body of Shankar i.e. living Bharat He is carrying out the task of establishing one language, one kingdom and the dominance of one flag in the entire world secretly since 1936. God is explaining the secrets of the soul and the Supreme Soul through the knowledge of the Gita to tie the entire world in one thread. A solution to the problems of every human being can be found with these secrets. When Bharat, which was called the 'Golden Bird', is re-established, it will be called the true Independence Day. Just like the Father of our nation is said to have made a huge contribution in the freedom struggle of Bharat, similarly, the Father of the world lays the foundation of spiritual knowledge to give true

freedom to each and every soul.

The significance of our tricolour flag: We sing very happily: 'Let our flag always fly high, our beloved tricolour which conquers the world. It isn't about the physical flag made of cloth but there are three clothes like bodies who become special supporters in God Shiva's task of world transformation. The three colours of the flag symbolize the work of three souls. These very three personalities are known as the Coat of Arms of the living Bharat. The first colour is the saffron colour. This colour symbolizes Shankar's work, who brought revolution in the whole world through the spiritual knowledge. The second colour is the white colour, which symbolizes Vishnu's purity. Every task is possible through purity. The third colour is the green colour which symbolizes Brahma's work. God gives that knowledge through Brahma by which the foundation of a golden world like heaven is laid. Every soul will be independent in that world. There will be no trace of slavery. It is a glory of that very time: 'Where a golden bird perches on every branch that country is my Bharat'. We celebrate the physical Independence Day just for one day now but upon the completion of the task of the father of the world, who has come to give us true freedom, we will truly celebrate the long life Independence Day for 2500 years. The author is solely responsible for this article. The publisher or editor are not responsible.

For further details contact : 9445520108, 9891370007.

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FREE CIRCULATION

8 PAGES

16-08-2026 - 22-08-2026



Clear mattress dump

Heavy household waste materials dumped on footpaths causing inconvenience for the residence. With the authorities turning a blind eye not clearing the dumped materials on time it is found on Mambalam High Road. Such violation is rampant on internal roads and dumping construction materials and garbage has reduced the road width. It is found almost half of the road has been encroached upon, causing inconvenience to the public.

Residents wonder how the civic body never bothered to keep roads in the locality encroachment-free. Dumping of debris and construction materials on pavement and roadside has become commonplace in the locality, highlighting the negligent attitude of the owners, says Dhanapal, a resident of Chari Street.

Tree branch cut down traffic slows down in Varadappan Street

An avenue tree on the junction of Varadappan Street and Raju Street, West Mambalam toppled across the road at around 8.30 p.m on Monday due to heavy rain. The rain lasts for half an hour.

The corporation workers reached the spot and axed the tree branches for free flow of traffic movement.



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NOT IN USE : A large water tank dumped at Puspaavathi Ammal Street, West Mambalam. The tank is used only for pasting posters etc. Will the concern authorities put the tank for better use.

Residents of Balakrishna Street, Mambalam draw attention to how some street are being allowed to deteriorate through prolonged neglect. Garden waste is dumped with garbage, waste and dryleaves. Open dumping of garbage is rampant and in rise in interior streets of the neighbourhood. One of the residents Gopal says that this garden waste was dumped by the apartment itself outside its compound. Because of irregular garbage collection this waste is not cleared even for three days.

We don't know when the staff come to collect garbage. Sometimes they come on alternate days. With their irregular schedule, it is hard to segregate and hand over the waste as we are office goers, said Sunitha, a longtime resident. With

Garbage woes irks residents



garbage dumped in the open, residents also face a menace from cattle and rodents. Stray dogs menace is a regular in this locality due to the garbage, said Ramalakshmi, who commutes through the area.

Zone-wise helpline numbers regarding the census

Zone-wise helpline numbers have been issued to assist the public regarding the housing census in Chennai.

In Chennai, a door-to-door census is underway. To complete this successfully, the public needs to provide full cooperation. Zone-wise helplines have been issued to assist them. Additionally, people can also contact the corporation's 24-hour helpline number '1913'. Corporation Commissioner Sameeran said that if they have any doubts or complaints regarding the census, they can contact the regional officers.

Kodambakkam No : 94451 90210, Valasaravakkam No. 94451 90211.

GCC says property tax has not been increased

The Greater Chennai Corporation (GCC) on Wednesday clarified that there has been no increase in property tax and said revised demand notices were issued only to property owners and commercial establishments whose properties were found to have been under-assessed or wrongly assessed.

According to GCC Commissioner Dr G S Sameeran, discrepancies in the area of properties were identified using GIS and satellite data, other government databases and self-declarations submitted by property owners.

The civic body said property owners who have objections to the revised assessment can file an appeal with the concerned Regional Deputy Commissioner within 15 days of receiving the notice. The appeals will be disposed of within 30 days.

The GCC urged residents not to believe reports claiming that property tax had been increased across the corporation.



Indian Railways' new PRS system

Indian Railways upgrades Passenger Reservation System: Now 1.5 lakh ticket bookings can be made per minute.

It has replaced the old Passenger Reservation System (PRS) system used since 2010 and introduced a new cloud-based PRS system in a phased manner from August 2026.

1.5 lakh ticket booking capacity

The new system has the capacity to handle 1.5 lakh ticket bookings and 40 lakh passenger queries in a minute.

The current system could only handle 32,000 ticket bookings. This development has been made to address the difficulties faced during Tatkal booking.

KODAMBAKKAM TIMES

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Mambalam & T Nagar Edition (Sunday)

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80th Independence Day celebrated



The event was attended by students and teachers from the R-2 Kodambakkam Police Boys and Girls Club, along with police, and Sub-Inspectors of police, and the Inspector of police hoisted the Indian flag and distributed sweets to all attendees. Students recited Thirukkural verses, delivered brief speeches about national leaders, and performed a Silambam demonstration. Breakfast was served to all the students, teachers, and members of the public present, making the celebration a grand success.

And those who participated in this event ARUWYE, an NGO, participated in the Independence Day celebration. Sr. Mary Josephine Isabella, Director, and Mrs. Jyothi Priya, Project Manager, along with the children, women, and staff of ARUWYE, were part of the celebration.



Under the leadership of Mr. K. Mohan, M.A., L.L.B., Supreme Court Advocate, in association with the Sree Sree Devi Karumari Amman Welfare Association and Bullet Mohan Kabaddi Team, at 3rd Street, Alagiri Nagar, Vadapalani. Mr. K. Mohan hoisted the National Flag and led the Independence Day celebrations. Dr. Jayanthi Anandan, Founder & Director, Jai Hindi Vidyalaya, and Dr. I. Ayyappan, Chairman – Youth Welfare & Sports, Indian Red Cross Society, were the Special Guests.

As part of the celebration, notebooks and stationery items, along with sweets and chocolates, were distributed to school-going students and residents of Alagiri Nagar, Vadapalani. Lunch was also provided to the participants.

The significance of Independence Day, patriotism, social responsibility and the responsibilities of the younger generation was highlighted during the programme.

The celebration was conducted in a joyful and patriotic atmosphere, with enthusiastic participation from students and local residents. The programme reflected Mr. K. Mohan's commitment to community welfare, student support and social service.

Free Wi-Fi at beaches soon

Visitors to Chennai's popular beaches may soon have access to free public Wi-Fi, with the Greater Chennai Corporation (GCC) planning to install 107 new Wi-Fi smart poles at Marina Beach, Besant Nagar, Tiruvanmiyur and Tiruvottiyur.

The new service is expected to become operational in September, with users eligible for 45 minutes of free internet access per day.

107 wi-fi smart poles to be installed

Under the plan, 75 Wi-Fi poles will be installed at Marina Beach, 20 at Besant Nagar and 10 at Tiruvanmiyur through Airtel. Hathway will conduct a survey in Tiruvottiyur for the installation of seven additional poles. The project will be supported through Corporate Social Responsibility (CSR) initiatives by telecom and internet service providers.

Existing wi-fi service to be improved

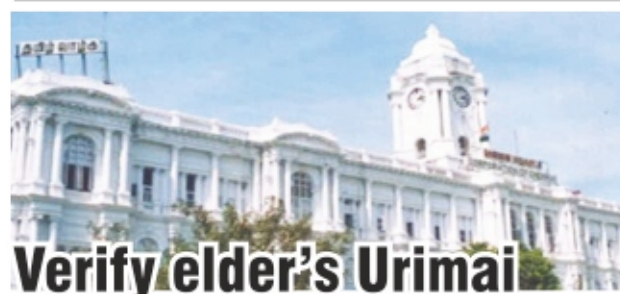
The GCC had earlier introduced public Wi-Fi smart poles at several locations in Chennai. However, users have reported connectivity issues with some existing networks. To improve public internet access, the Corporation also plans to upgrade around 2,600 existing smart poles across 900 locations, including parks, hospitals and government offices.

Service providers have been asked to repair damaged infrastructure and improve the reliability of the public Wi-Fi network.

Free wi-fi to benefit beach visitors

The proposed free Wi-Fi at Chennai beaches is expected to help visitors access online services, make calls, use digital payments, book cabs and stay connected with family members.

The initiative is part of the GCC's efforts to improve digital connectivity and public infrastructure across Chennai.



Verify elder's Urimai Thogai application in person

The Tamil Nadu Information Commission has directed officials of the Greater Chennai Corporation to visit the residence of a 79-year-old man and conduct an inquiry into the rejection of his wife's application for the Urimai Thogai scheme.

The direction was issued by State Information Commissioner Atulya Misra on July 29 while disposing of a petition filed by Vidhya Sankar of T Nagar, who had sought information under the RTI Act on the reasons for rejection of his wife's application for the monthly assistance.

During the hearing, a GCC representative informed the commission that replies to the RTI queries had already been furnished. The applicant, however, submitted his objections. According to GCC, the woman's application had been rejected on the ground that the annual family income exceeded ₹2.5 lakh, one of the eligibility criteria.

Corporation officials informed the panel that applications for the scheme are largely submitted online and that physical records are therefore not maintained in some cases. It, however, noted that the senior citizen couple could have faced difficulties or made errors while applying online for the scheme. The commission directed the GCC's public information officer to arrange for the appropriate officials to visit the applicant's

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HOME VISITS UNDERTAKEN



Olympic skateboarder performs precise stunt during solar eclipse! Video goes viral

A total solar eclipse was visible in Spain August 12 after about 121 years, with millions of people gathering in various parts of the country to witness this rare astronomical event.

Those few minutes when the moon completely covered the sun in the sky were an unforgettable experience for viewers. In this situation, Spanish Olympic skateboarder Danny Leon combined the solar eclipse with his athletic skills to make this rare event even more interesting. Olympic skateboarder's feat

Leon took advantage of the crucial moment when the moon moved in front of the sun, darkening the sky during the day, to perform a stunning sky-jump on a skateboard.

With a total solar eclipse taking place in the background of the jump, the sight of him appearing as a shadowy figure against the dark sky was awe-inspiring to viewers.

This daring moment, which took place in a single moment, quickly went viral on social media. Danny Lyon, who shared his feat, described it as the "best move of his life." The video has now gone viral on the internet and is racking up likes.





HANGING OVER HEAD : Areca Leaf hanging on a cable it may fall any time at pedestrians at VGP Salai, Saidapet.



Mobile phones to be banned inside major temples

Devotees visiting major temples across Tamil Nadu will not be allowed to carry mobile phones inside temple premises from September 1, following fresh directions from the Hindu Religious and Charitable Endowments (HR&CE) Department.

The department has also instructed temples to strictly prevent photography, video recording, selfies, reels and other social media content inside temple premises. Permission should not be granted for taking photographs or videos of VIPs, public figures or film personalities inside temples.

Mobile phone deposit facility at temple entrances To help devotees comply with the new rule, temple authorities have been directed to establish secure mobile phone storage facilities at temple entrances. A uniform fee of ₹5 per mobile phone may be collected, and devotees must be provided a receipt through the Integrated Temple Management System (ITMS).

Free multidisciplinary support

On August 22nd, Saturday, between 4 pm and 6 pm, Arunai Neuro Foundation, Saligramam is hosting seniors above age 60 years for their free

Beyond Statins: New weapons against bad cholesterol

Inclisiran and Oral PCSK9 Inhibitors — A New Era in Cholesterol Treatment

Heart attack and stroke remain major health concerns, and high LDL (“bad”) cholesterol is one of their most important preventable risk factors. While healthy lifestyle and statins remain the foundation of cholesterol treatment, some high-risk patients require additional therapy to reach their LDL targets.

One exciting advancement is Inclisiran, an innovative cholesterol-lowering injection. Unlike traditional PCSK9 antibody injections, Inclisiran uses small interfering RNA (siRNA) technology to reduce the production of PCSK9 in the liver. This allows the liver to remove more LDL cholesterol from the blood, producing an LDL reduction of approximately 50%.

Its major advantage is convenience. After the first injection, the next dose is given at 3 months and then only once every 6 months. This may help overcome the

common problem of patients forgetting or discontinuing daily medicines.

Another promising development is the oral PCSK9 inhibitor. These medicines aim to provide powerful PCSK9 inhibition through a tablet rather than an injection.

Several oral agents are being studied, with encouraging cholesterol-lowering results, although regulatory approval and long-term cardiovascular outcome evidence are important considerations before routine use.

The future of cholesterol treatment is changing — from a daily tablet to potentially just two injections a year, with powerful oral options also on the horizon.

For people with previous heart attack, stroke, or very high cholesterol, achieving the right LDL target can be lifesaving. Treatment should always be individualized under medical supervision, press release said.

multidisciplinary support group at G. O. A. T. Arena, opp Madha school, Sri Lakshmi Nagar, Valasaravakkam. People with Parkinson's Disease, Stroke and other Movement Disorders are welcome. Free Digital EMG Biofeedback rehabilitation therapy, useful for any muscle disorders, stroke, facial palsy, chronic low back pain etc. for the community will also be launched during this meeting. You can also answer their brain health risk survey on <https://forms.gle/aHHXJLUkfubm9VRU6> to know your brain health risk and what you can do to minimize it. Their free multidisciplinary support group for Parkinson's Disease is held on every 1st and 3rd Saturdays 4 pm to 5 pm at Arunai Neuro Foundation, 3/1, MG Chakrapani Street, Sathya Garden, Saligramam. Prior registration required: +919840041737.

Police launches new 'anti-corruption special cell'

Greater Chennai Police (GCP) has launched a new 'Anti-Corruption Special Cell' to ensure transparency and prevent bribery within the department.

In a statement, GCP Commissioner A Amalraj said that while the majority of police personnel, from constables to senior officers, perform their duties honestly and without taking bribes, the actions of a few individuals bring disrepute to the entire department. To prevent such incidents and strengthen public trust, the new special unit has been formed.



Through this cell, members of the public can directly report if any police personnel demand a bribe to perform their official duties.

Citizens can contact the Anti-Corruption Special Cell at 78717-23000. Complaints can be made either through a direct call or via WhatsApp.

The identity of the complainant will be kept strictly confidential, police said.

“All information received will be thoroughly investigated and immediate action will be taken against those found guilty,” GCP stated.

The Commissioner has also appealed to the public not to offer bribes to police personnel for any service. He said that police work is meant to serve the public and should be done without any monetary exchange, press release said.



File photo

Tirumala Srivari Temple - Pushpayagam Announcement

This year's annual Pushpayagam will be conducted on 16-11-2026 at Tirumala Sri Venkateswara Swamy Temple.

Ticket can be booked on 21.08.2026 from 10:00 AM by TTD's Arjitha Seva Online Booking.

On the day of Pushpayagam, the deity will be decorated with various types of flowers and special poojas will be performed. Only those who have purchased tickets to watch this service will be allowed. Log in to the TTD website / app at 10 am on 21.08.2026 and book immediately. It will be full in 2 minutes.

Job placement camp in Ashok Nagar

The Chennai District Employment and Career Guidance Centers are jointly organizing a private sector employment camp on the 22nd.

The camp will be held at the Government Girls' Higher Secondary School in Ashok Nagar, from 8:00 AM to 3:00 PM. Anyone studying from eighth grade to graduation can participate.

The camp is set to recruit more than 1,000 vacancies. Candidates should register directly at the District Employment and Career Guidance Centre in Guindy or through the form <https://forms.gle/W4Kvwo9LeMZg4sKS7>. This information was given by Chennai Collector Malathi Helen.

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Amman statue kept on the occasion of aadi month at Station Road, West Mambalam.

Sewage overflow in Guindy Industrial Estate



Ahead of the upcoming northeast monsoon, the Greater Chennai Corporation (GCC) has accelerated stormwater drain (SWD) construction across the city to mitigate urban flooding.

However, ongoing work on Ekkaduthangal Road in the south phase of the SIDCO Industrial Estate, Guindy, has instead resulted in severe, foul-smelling sewage overflowing directly onto the roadway.

Hundreds of commuters, including IT professionals, industrial employees, and pedestrians, have been forced to wade through sewage on Ekkaduthangal Road for over a week. Affected commuters are urging officials from the departments concerned to take immediate action.

Affected workers and commuters are demanding that GCC and Chennai Metropolitan Water Supply and Sewerage Board (CMWSSB) officials inspect the stretch urgently. They have requested immediate action to disconnect unauthorised sewage inlets, repair leaks, and execute proper desilting so that monsoon preparedness efforts do not turn

into a permanent sanitation crisis.

LPG customers asked to complete Aadhaar e-KYC by Aug

LPG customers have been advised to complete their Aadhaar-based e-KYC by August to avoid difficulties in booking fresh cylinders.

The requirement applies to customers of Indian Oil, Bharat Petroleum and Hindustan Petroleum, including beneficiaries of the Pradhan Mantri Ujjwala Yojana.

Customers can complete the process through their respective official apps — IndianOil ONE, HP Pay or Hello BPCL — using their registered mobile and consumer numbers. They can select the e-KYC update option, enter their



Aadhaar details and complete biometric verification through the AadhaarFaceRD app. Those who have already completed e-KYC need not repeat the process.

Customers unable to complete the verification online can approach their LPG distributor or gas agency for assistance.

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