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Voice of GOD



Mandirapureswarar Temple, Tiruvusaattanam

This is the 224th Thevaram Paadal Petra Shiva Sthalam and the 107th sthalam on the south side of the river Kaveri in Chozha Nadu. This place is now called Kovilur. Since there are a lot of places named Kovilur, to differentiate, the place Muthupettai /Muthupet is added and called Muthupettai Kovilur. In Periyapuram, Sekkizhar records that Thirugnanasambandar came to this temple after worshipping Lord Shiva of Idumbavanam.

Thirugnanasambandar and Vallalar have sung hymns in praise of Lord Shiva of this temple. Moolavar : Sri Mandhirapuriswarar, Consort : Sri Birukantha Nayagi, Sri Periyanyagi.

Some of the salient features of this temple are... The temple faces east with a 5-tier Rajagopuram. A Temple tank is in front. A Vinayagar sannathi is on the banks of the temple tank. The second-level Rajagopuram is of 3 tiers. Dwajasthambam, balipeedam, and Rishabam are before the second level of Rajagopuram. Moolavar is of swayambhu, ruddy, and white in color on a square avudayar. In koshtam, Vinayagar, Dakshinamurthy, Lingothbavar, Brahma, and Durgai. Dwarapalakas and Sangu Nidhi, and Padma Nidhi are at the entrance of the sanctum sanctorum.

In the praharam Suriyan, 63var, Jurahareswarar with three heads and 3 legs, Katchi kodutha Nayagar with Ambal, Saptamatrikas, Saptakannis, Veerabhadra, Kali, Kasi Viswanathar, Suthavana Vinayagar, Somaskandar, Varunan worshiped Linga, Ramar and Shiva Linga worshiped by him, Markandeyar and worshiped Lingas, Annapoorani, Valli Devasena Subramaniam, Gajalakshmi, Saraswathy, Navakannis, Saneeswarar, Bhairavar, Chandran and Natarajar Sabha. Sthala Purana is painted on the walls of the praharam.

ARCHITECTURE

The temple consists of the sanctum sanctorum, antarala, and artha mandapam. A two-tier vesara Vimanam is on the sanctum sanctorum. Ambal is in a separate temple with Kodimaram, balipeedam, and Rishabam.

HISTORY AND INSCRIPTIONS

Since Thirugnanasambandar has sung hymns in praise of Lord Shiva of this temple, the original temple might have existed before the 7th Century. The same was reconstructed as a stone temple during the Chozha period and further extended and maintained by Nayaks and Nattukottai Nagarathars.

The inscriptions recorded from this temple belong to Chozha Kings Vikrama Chozha, Kulothunga Chozha-III, Rajendra Chozha-III, and Pandya King Sundara Pandya. As per the inscriptions, Lord Shiva was called "Thiruvusathanamudaya Nayanar," and Ambal was called "Periya Nachiyar".

Rajaraja Chozha-I's 25th reign-year inscription at Thanjavur Rajarajecharam records this place as "Purakarambai Nattu Koyilur Puthukudi alias Kothandarama Chaturvedi Mangalam".... Lord Shiva was called "Thiruvuchathanamudaya Nayanar" and "Thiruvuchathanamudayar".

Ambal was called "Periya Nachiyar". The same was mentioned in Rajaraja-III's 20th reign-year inscription, which mentions "Thirukamakottamudaya Periya Nachiyar". In that, Pillaipurosaikudayar was mentioned as the son of Rajaraja-III. One part of the temple, thirupani, was done by Ezhupathonpathu Nattupathinen Bhumikarar, alias Karpaga Pillayar, and Andar Prasanna Devar.

Your Stars This Year

Aries : The week begins with a slightly unsettled mood. Expenses can rise, one expected result may disappoint, and rushing through traffic or errands can make you unusually irritable. Don't carry that frustration into every conversation. Your presence carries more weight, people respond well to you, and work.

Taurus: Opens with sweet speech, useful money sense, and a pleasant atmosphere at home. Family interaction grows, and one sensible financial step can help you later. Then comes a more awkward patch. Expenses may run ahead of income, travel can disappoint, and irritation with a spouse or close relative may disturb.

Gemini: Begin the week with charm, visibility, and useful movement. Your words carry weight, people notice you, and business natives may receive new enquiries, orders, or income from more than one direction. A long-pending wish can also move closer.

Cancer: The week begins with a softer and more meaningful mood. Prayer, family time, charity, or simply a quieter routine can steady you, while children or younger relatives bring warmth. Work improves early too. Seniors may support you, useful contacts appear, and an old professional worry begins to loosen.

Leo: May feel heavier than usual. Work delays, irritation, and a restless mind can test your patience, so choose your words carefully and pay extra attention while commuting. Tuesday and Wednesday bring better results, stronger confidence, good news from children, and encouraging movement in money matters.

Virgo: Opens with encouraging movement in relationships, legal matters, business proposals, or a meeting you have been waiting for. Unmarried natives may hear of a serious proposal, while some receive practical help through in-laws or extended family. Tuesday and Wednesday are more sensitive.



Libra: Keep your plans private at the start of the week. Energy may feel low, office politics can irritate you, and too many opinions will only cloud your judgement. Speak less and observe more. Students preparing for competitive exams can do well if they protect their concentration and stop comparing.

Scorpio: Week begins with energy, confidence, and a strong urge to move ahead. Students concentrate well, business natives can make an important decision, and working people handle responsibilities with greater certainty. Brings cheerful news from children, invitations, family gatherings, and useful movement.

Sagittarius: Home brings much of the happiness this week. Support from your mother, elders, or family can settle your mind, while property, repairs, appliances, or household improvements may come into discussion. Spending rises, but useful purchases can be worthwhile. Midweek brings a livelier rhythm.

Capricorn: Begins with pressure, unfinished work, and a mind running ahead of itself. Don't judge the whole week. A meeting with an old friend, neighbour, or familiar contact can quickly lighten the mood. Midweek is much better for home, parents, property, and practical purchases.

Aquarius : Opens with pressure and heavier work than usual. Tasks may take longer, systems can move slowly, and your patience may wear thin. A younger sibling, cousin, or helpful colleague can give you the push needed to move one stubborn matter forward. Brings better courage and focus. One bold decision can change.

Pisces: The week begins with family warmth, social ease, and a sweeter tone in your speech. A gathering, guests, or a quiet evening at home may feel better than another unnecessary shopping trip. Tuesday is useful for savings, practical investment planning, and family money matters. Midweek makes you bolder, but don't mistake courage for endless energy.

PREDICTION FOR THIS WEEK
06.09.2026 TO 12.09.2026

A deeper delve into the power of tolerance

Do you consider yourself to be the embodiment of success? In order to be the embodiment of success, what main virtue is it essential to imbibe? In order to be the embodiment of success, you need the main virtue of tolerance. Tolerance and easiness will make any task successful. Just as when a patient person carries out a task after careful consideration and so receives success, in the same way, those who are tolerant, are able to make those who have strong bitter nature cool, or make a difficult task easy, with the power of their tolerance.

Those who have the power of tolerance will also definitely be deep and mature. Those who are mature go into the depth, and those who go into the depth will never be afraid of any task. They will attain success by going into the depth. Those who have the power of tolerance will not allow either the vibrations of extroversion, or the thoughts that are created in the mind to confuse them or make them afraid. With their power of tolerance, they will be able to face that also. What is visible from the face of those who have the virtue of tolerance? The face of those who have the virtue of tolerance constantly reveals them to be content. Their eyes and features will never be those of discontentment. So those who themselves remain the embodiment of contentment will make others content, and whilst walking and moving, they will be experienced as angels. The virtue of tolerance is a very important virtue. The more you see the power of tolerance within yourself, accordingly, you should consider yourself to be content with yourself, and also others to be content with you. To be content means to attain success. There are those who are able to tolerate anything: to tolerate something means to go into the depth of it. Just as when you go to the bottom of the ocean, you emerge with jewels, in the

same way, those who are tolerant go into the depth, and through this depth, they are able to attain many powers. The power of tolerance is very essential. Their faces will be the embodiment of virtues. You have to pay this much attention to the inculcation of tolerance.

Constantly keep one or another virtue in front of you and go into the depth of it. The more you go into the depth, the more you will know the value of that virtue. And the more you know about the value of any particular virtue, the easier it is to imbibe it and to speak about it. There is so much depth in each virtue: however, only those who know this can become as valuable. Only they are praised, as being those who are complete with all virtues, that is, only on the basis of virtues is there this much value. So there would be that much value in each virtue, and it is on that basis that you become as valuable. Go into such depth, and the more you know about the value of something, the more you will be able to relate it to others with that value.

Change ordinariness into excellence and keep tolerance ahead in every task. Bring in simplicity on your face and speech. Then look, how elevated the success of your duty will be!

Thus, assimilate the power of tolerance and lead a better life! The author is solely responsible for this article. The publisher or editor are not responsible.

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Coming Home: A Cardiologist Answers the Questions Patients Ask Most

I grew up in Chennai and trained at Madras Medical College, so practising here feels less like arriving than returning. The years since have been spent at the Medical University of South Carolina, USA, where I am Associate Professor of Medicine and direct the Complex Coronary Intervention Program and the cardiac catheterisation laboratory at the Ralph H. Johnson VA. My work is with the arteries others set aside: vessels completely blocked, or so calcified they need rotational or orbital atherectomy, LASER angioplasty or intravascular lithotripsy. I teach these techniques as faculty at international conferences such as ACC, SCAI, TCT and CRT.

What are the first warning signs of heart disease?

Usually something small — breathlessness on stairs you once managed easily, unexplained tiredness, or a heaviness in the chest on exertion that eases with rest. Can you have blockages and still feel completely normal?

Often, yes. Diabetes is the leading cause of silent heart attacks, and cholesterol and blood pressure readings reveal risk long before you feel anything. Can coronary calcium be reversed?

Not entirely. Calcified plaque does not dissolve, so the score will not return to zero. Statins and steady risk-factor control stabilise it and lower the chance of



rupture.

What separates angina from a heart attack?

Angina comes with exertion and eases within minutes of rest. In a heart attack, the artery blocks completely and the pain does not stop. Chest pain with sweating or breathlessness beyond a few minutes is an emergency. Can heart disease exist without chest pain?

Yes. Silent ischaemia causes no pain at all and is commoner in women, older adults, people with diabetes and anyone sedentary. Breathlessness, nausea, fatigue, jaw or back discomfort, or palpitations may be the only clue.

Which risk factors actually matter?

Smoking, diet, activity, alcohol, weight, sleep and stress — plus blood pressure, cholesterol and sugar, with medication where needed. Age, family history and menopause you cannot change, which is why the rest matter.

Do not suffer in silence because you were told your blockage is too difficult. A complicated blockage is rarely a hopeless one; it needs the right tools and hands practised in using them. If something does not feel right, ask again.

Dr. Arasi Maran, MD Interventional Cardiologist, Apollo Hospitals, Greaves Road, Chennai For Appointments, Call 044 4040 1066 Email : infochennai@apollohospitals.com



Vinayagar idols arrive in Chennai ahead of festive celebrations

With Vinayagar Chaturthi just weeks away, colourful and creatively designed Vinayagar idols have begun arriving in Chennai, signalling the start of preparations for one of the city's major festive occasions.

Vinayagar Chaturthi will be celebrated on September 14 this year, and idol makers across Tamil Nadu have stepped up production to meet the growing demand.

Orders have also been placed with artisans in Karnataka and Andhra Pradesh, with the idols now being transported to Chennai.

The city's Purasawalkam-Kosapet area has already begun to wear a festive look, with rows of Vinayagar idols displayed along the roadside. Idols ranging from three to five feet in height have been placed prominently, attracting the attention of residents and passers-by.

Traders said the idols are being prepared in accordance with the guidelines issued by the Pollution Control Board. With more consignments expected to arrive in the coming days, the number of idols displayed across the city is likely to increase.

Sales are expected to begin in about a week. Traders have also covered the idols with plastic sheets to protect them from rain as the city continues to experience intermittent showers.

Apart from Kosapet, Vinayagar idols are expected to be available for sale in several parts of Chennai, including Koyambedu, Mylapore and T Nagar.

The idols are priced between Rs 5,000 and Rs 25,000, depending on their size, design and workmanship. With the festival approaching, Chennai's streets are set to take on an increasingly colourful and festive appearance in the days ahead.

Diwali train ticket booking dates announced

Passengers planning to travel home for Diwali can start booking train tickets from September 6, with the festival falling on Sunday, November 8, 2026.

Tickets for travel on November 5 can be booked on September 6, while bookings for November 6 travel open on September 7. Return journey tickets for November 9 and 10 can be booked on September 10 and 11 respectively.

Railway reservations open at 8 am. Passengers have been advised to keep their travel and passenger details ready and log in before the booking window opens to secure preferred berths.



Google offers free one-year gemini ai plan to eligible students

Google is giving eligible college students a chance to access its AI-powered tools for free for one year as part of a new student-focused initiative.

The company has launched a dedicated student hub that brings together Gemini-powered tools designed to support studying, research and exam preparation. Students can use the hub to organise their studies, create study notebooks and flashcards, take practice quizzes and explore other learning features.

In the US, eligible students can receive Google AI Pro free for one year. For students in other countries, including India, Google is offering Google AI Plus at no cost for 12 months. In India, Google AI Plus normally costs Rs 399 per month, or Rs 4,788 for a year at the monthly rate. Under the new offer, eligible students can access the plan free for one year. The plan provides access to Gemini and other AI-powered services, along with higher usage limits and cloud storage. Students can also use Gemini within supported Google applications.



Velammal students celebrated Krishna Jayanthi

Velammal Vidyalaya, Karambakkam Kindergarten students celebrated Krishna Jayanthi with great joy, enthusiasm and devotion.

The celebration beautifully reflected the spirit of the festival, with the little ones dressed as Lord Krishna and Radha in vibrant traditional attire. Their adorable Krishna-themed appearances and enthusiastic participation added colour and charm to the celebration, making it a memorable occasion for the young learners.



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Saidapet bus shelter ramp sparks debate from activists

Two weeks after a few disability activists pointed out the difficulty faced by wheelchair users in accessing an under-construction bus shelter in Saidapet, the Greater Chennai Corporation (GCC) has added a switchback ramp to the facility. But, activists said the new ramp is also too steep for wheelchair users.

The bus shelter near the Saidapet Metropolitan Magistrates Court on Taluk Office Road is being constructed at a cost of Rs 15 lakh. The shelter had come under scrutiny for being nearly two feet above road level, with six steps and a steep ramp.

One of the regular commuters says that the new ramp is also steep and difficult for wheelchair users to negotiate.



REASON NOT KNOWN : Sign board of Ramakrishnapuram First Street, West Mambalam was closed with polythene covers for over a month. The reason not known even the neighbours of the street. Will the concern officials reopen the sign board for public convenience.

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100 barricades donated to improve road safety

As part of this initiative, 100 barricades have been provided by MGM Healthcare Malar under the jurisdiction of J2 Adyar Police Station, supporting better traffic regulation, pedestrian safety and smoother movement in the area.

The barricades were distributed in the presence of Thiru A.C. Karthikeyan, Deputy Commissioner of Police (DCP), Adyar; Thiru R. Aldrin, Assistant Commissioner of Police, Ashok Nagar; and Mr. Venugopal Bhat, Vice President – Group Strategic Initiatives and Chief Operating Officer, MGM Healthcare Malar, Adyar.

With hospitals requiring clear and timely access, particularly for ambulances and patients, better traffic management can make a meaningful difference. The initiative is a practical step towards creating a safer and more accessible environment for patients, healthcare workers, pedestrians and motorists in Adyar.



Traffic and water logging in many areas reported

Light rain in Chennai and its suburbs this week caused waterlogging on main roads, disrupting traffic.

Traffic congestion was reported in areas including Ashok Nagar 100 Feet Road, Ashok Pillar Road, T. Nagar Usman Road, and Brindavan Street, causing difficulties for motorists.

Rainwater accumulated like pools on roads including T. Nagar Usman Road, Prakasam Road, and Nathamuni Street. This made it difficult for pedestrians to cross the road and two-wheeler riders to operate their vehicles.

With the recent light rains causing waterlogging on major roads, motorists are questioning what will happen to these roads when the northeast monsoon intensifies.

They have demanded that the corporation authorities conduct a thorough inspection of the rainwater drainage systems before the continuous rains and take steps to find a solution.

Electric bus phase 2 to launch soon

The second phase of Tamil Nadu's electric bus programme is set to begin soon from the upgraded Alandur MTC electric bus depot. Transport Minister A Vijay Tamilan Parthiban inspected the depot on Sunday and reviewed the infrastructure and charging facilities being prepared for the launch.

The ₹30.43-crore Alandur depot has been upgraded to accommodate and operate a new fleet of low-floor, air-conditioned electric buses.

Under Phase 2 of the electric bus programme, 750 new



Dust pollution is a major problem in Sivan Koil Street

Residents and commuters in Kodambakkam have urged the Greater Chennai Corporation (GCC) and Chennai Metropolitan Water Supply and Sewerage Board (CMWSSB) to expedite road re-laying on Sivan Koil Street, where unfinished sewage pipeline work has turned the key stretch into a severe dust hazard.

Antony one of the resident of Minor Trustpuram says that I am a regular commuter of this road for the past few months this road is dust hazard unless motorists are masked no one can navigate this stretch. Moreover localities have remained covered only with gravel and wet mix. Motorists lose balance and skid sometime. Many minor accidents go unreported.

With thousands of vehicles using the road every day, the temporary surface dries up and generates dust, which settles on nearby commercial establishments and triggers dust allergies among shopkeepers and pedestrians.

Another resident Rajavelu of Abdulla Street says that temporary patchwork had also compromised road safety and contributed to traffic congestion during morning and evening peak hours. Loose gravel frequently causes two-wheeler riders to skid and lose balance while

electric buses will be operated through seven Metropolitan Transport Corporation (MTC) depots at Alandur, Central Workshop-2, K K Nagar and Iyyappanthangal.

The programme is being implemented under the Chennai City Partnership-Sustainable Urban Services Programme (CCP-SUSP) with financial support from the World Bank and Asian Infrastructure Investment Bank (AIIB). The initiative aims to modernise public transport and reduce pollution from buses in Chennai. 625 Electric Buses Already Introduced Under the first phase, the MTC has already introduced 625 low-floor electric buses at a cost of ₹697 crore.

Ration shops to sell onions at Rs 35/kg

The Tamil Nadu government will sell onions at Rs 35 per kg through urban ration shops from September 3, benefiting around 80 lakh urban ration card holders.

Food and Civil Supplies Minister P Venkataramanan said the government will procure 1,000 metric tonnes of onions through the National Agricultural Cooperative Marketing Federation and the National Cooperative Consumers' Federation of India.



braking, he said.

"At least two accidents occur on this stretch every day. Victims are forced to spend heavily on medical treatment for injuries that could have been avoided if the road had been properly," Rajavelu said.

A GCC official said the sewage pipeline installation covered 150 metres, of which only 50 metres had been completed so far. "Wet mix will continue to be filled as a temporary measure. Full road resurfacing will commence immediately after Metro Water completes the remaining 100 metres of pipeline work," the official.

The move comes as onion prices in Tamil Nadu have increased to around Rs 56-Rs 60 per kg, mainly due to higher transportation costs and reduced supplies from Maharashtra and Madhya Pradesh.

Meanwhile, the second Kanda Express carrying 840 tonnes of onions from the Centre's buffer stock reached Chennai on August 31. The onions will be distributed across various districts to improve supply and control seasonal price increases. The Centre has maintained 1.21 lakh tonnes of onions in its buffer stock this year. Additional supplies through rail and road transport are expected to help stabilise onion prices across Tamil Nadu.



Velammal Nexus honours Teachers with 70 lakh awards

Velammal Nexus felicitated its dedicated teachers with Service Awards and Academic Excellence Awards for their exceptional contribution.

As a mark of appreciation for their commitment and achievements, prizes worth ₹70 lakh were presented.

The cheque was handed over by Correspondent Shri M. V. M. Velmohan to the Senior In-charges representing all schools of Velammal Nexus on behalf of the awardees.

The felicitation stands as a tribute to the dedication and excellence that strengthens the legacy of Velammal Nexus.



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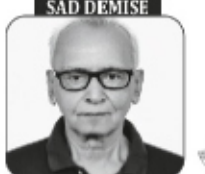
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With profound grief, we announce the passing of our beloved father, **Shri. BALAKRISHNAN** on 5th September 2026.
His loving presence, guidance and cherished memories will remain with us forever.
May his soul rest in eternal peace.
The funeral will be held on 6th September 2026 at 10:30 a.m.
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