KODAMBAKKAM TIMES

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MAMBALAM & T NAGAR EDITION (Every SUNDAY)

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Voice of GOD



Vandurai Nathar Temple, Tiruventhurai

This is the 229th Thevaram Paadal Petra Shiva sthalam and the 112th Shiva Sthalam on the south side of the River Kaveri in Chozha Nadu. This place was called "Vendurai" during the Thevaram period and is now called "Vanduthurai" and "Vanduthurainathar Thirukovil".

In Periyapuranam, Sekkizhar records that Thirugnanasambandar came to this temple after worshiping Lord Shiva of Kottur.

Thirugnanasambandar and Vallalar have sung hymns in praise of Lord Shiva of this temple.

Moolavar : Sri Madhuvaneswarar, Sri Barmeswarar, Sri Bramapureeswarar, Sri Vendurainathar.

Consort : Sri Sathyathaayathakshi, Sri Brahathambal, Sri Vel Nedunganni.

Some of the Salient features of this temple are……

The temple faces east with a 3-tier Rajagopuram. Balipeedam, Dwajasthambam and Rishabam are after the Rajagopuram. In koshtam, Vinayagar, Dakshinamurthy, Arthanareeswarar as Rishabandhikar (keeping a hand on Rishabam) in place of Lingothbavar, Brahma, and Durgai.



In the praharam, Madhabhotha Vinayagar, Subramaniar, Natarajar Sabha, Chandikeswarar, and Ambal Sannadhi and Pichadanar. Ambal sannadhi is in the artha mandapam facing south, and Ambal is in a standing posture.

ARCHITECTURE

The main temple consists of the sanctum sanctorum, antarala, artha mandapam, and an open mukha mandapam. An open mandapa was built around the sanctum at a later date.

HISTORY AND INSCRIPTIONS

Since Thirugnanasambandar has sung hymns in praise of Lord Shiva of this temple, the original temple might have existed before the 7th Century, and the same was reconstructed as a stone temple during the Chozha period and later extended by the Vijayanagars and maintained by Nattukottai Nagarathars.

LEGENDS

It is believed that Birungi Munivar worshiped Lord Shiva by passing between Lord Shiva and Parvati (in some legends, he made a hole in Shiva, and since there was no gap between Lord Shiva and Parvati), without worshiping Ambal. Angered, Ma Parvati cursed Brunki to become a Vandu/bee. Hence, Lord Shiva obtained the name of "Vandurainathar. It was mentioned in the old texts that "Vandu reengaram/bee sound" can be heard by placing the ear on the Komuga. Nowadays, the same is not observed.

It is believed that Vidyadhara, Brahma, Dhuruvan, and Maha Vishnu worshiped Lord Shiva of this temple.

POOJAS AND CELEBRATIONS

Apart from regular poojas, special poojas are conducted on Vinayagar Chathurthi in the month Avani (Aug – Sept), Navaratri in the month Purattasi (Sept-Oct), Skanda Sashti in the month Aippasi (Oct – Nov), Thirukarthigai in the month Karthigai (Nov – Dec), Thaipoosam in the month Thai (Jan – Feb), Maha Shivaratri in the month Masi (Feb – March), and monthly pradosams.

Earn fortune, it's now or never

What is the greatest renunciation? What is the greatest renunciation that takes a lot of effort? It is body consciousness. Why does someone have arrogance about knowledge or arrogance of his intellect? Why are you not able to renounce your old habits? The main reason for this is body consciousness. To let go of body consciousness is the greatest renunciation. So, check yourself at every second.

When it is renunciation of something physical, once you have renounced it, you can step away from it, but in the renouncing of body consciousness, you have to continue to take the support of the body at every second and also be detached whilst being in the body. Therefore, because the soul has a deep connection with the body by being with the body at every second, body consciousness has also become very deep. It now takes effort to finish it.

Ask yourself whether you have had renunciation of every type, because, the more you renounce something, the more fortune you accordingly receive: at the present time and also in the future. Do not think that you only have renunciation at the present time and claim the fortune in the future. It is not like that. To the extent that someone renounces something, he definitely receives fortune to the extent that he has renounced it at the moment he renounces it.

Benefits of letting go body consciousness

Only when you have renounced body consciousness can you experience a close relationship with God the Father. By renouncing body consciousness, by being soul conscious, what is the first attainment? That you constantly stay in the awareness of God the Father, that is, in every second of renunciation, you experience all the powers from the Father in every second. Always think that if you do not renounce body consciousness, that is, if you do not become soul conscious, you will not then be able to create your fortune, that is, you will be deprived of the elevated fortune. If, for instance, you renounce body consciousness for some time during the whole day, but you remain down below at other times, that is, you have not renounced body consciousness, then you deprive yourself of the elevated fortune to that extent. You should attain total success through this method.

The method of making fortune

The Fortune-Maker is telling you the method to create your fortune at every second. What should you do? Renounce waste thoughts. What is the result of not adopting this method? Neither do you progress in your stage nor do you attain the success of all attainments. So, what should you do? You should constantly adopt the methods you have been given by the Best ower through which there will be progress and success. You should constantly have an attitude of brotherhood.

Only at the confluence age do you receive this fortune that God Himself has to you. You will not receive this in the future. Therefore, it is said that this easy knowledge and easy Raja Yoga is not just for giving you fruit in the future, but also at the present time. The future is already tied to the present, but nowhere else can you claim the most elevated fortune of all throughout the entire cycle. The author is solely responsible for this article. The publisher or editor are not responsible. For further details contact : 94455 20108, 98913 70007.



Together with Seniors, Every Step of the Way

MGM Healthcare Malar, Adyar presents Senior Social Circle — a community for seniors that cares, connects and celebrates healthy ageing. The Senior Social Circle is a wellness initiative creating a warm and engaging space for seniors to connect, learn, and thrive.

Each session brings together members of the senior community for expert-led health talks, interactive wellness activities, cognitive and physical exercises, and opportunities for meaningful social interaction. Sessions cover a range of age-related health topics, including heart health, memory care, fall prevention, bone health and brain health.

Beyond healthcare, the initiative focuses on companionship, inclusion and joyful ageing, with activities that encourage social bonding, mental stimulation and active participation.

Kho Kho Nationals (Boys) inauguration

Velammal Vidyalaya, Poonamallee proudly hosted the CBSE Kho Kho Nationals (Boys) 2026-27. The grand inauguration was graced by Honourable Education Minister Mr. Raj Mohan and Mr. Prakasam, MLA, Poonamallee Constituency, accompanied by our esteemed Correspondent Shri. M.V.M Velmohan. The national-level tournament witnessed enthusiastic participation of nearly 1000 students from 28 states and 3 Gulf countries, showcasing true sportsmanship, unity and national integration.



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Devotees throng T Nagar TTD temple on Purattasi month

Devotees turned up in large numbers at the Tirumala Tirupathi Devasthanams (TTD) temple on Venkatanarayana Road in T Nagar on Saturday, the Saturday of the Purattasi month, to offer prayers and have darshan of Lord Venkateswara. Special arrangements, including special decoration and abhishekam, were made at the temple to mark the occasion. From the time the temple opened in the morning, devotees were seen waiting in long queues for darshan.

With a large number of devotees gathering at the temple, police personnel were deployed to regulate the crowd and manage traffic in the area. Security arrangements were also stepped up in and around the temple premises.

As part of the traffic arrangements, the road adjoining the temple has been converted into a one-way stretch. Parking of vehicles on either side of the road has also been restricted to ensure smooth movement of devotees and vehicles.

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New rules implemented for devotees at Vadapalani Murugan Temple

A public interest litigation has been filed seeking an order from the Department of Charities officials to make arrangements to ensure that devotees can have unhindered darshan at the Vadapalani Murugan Temple without any hindrance.

While devotees used to visit Lord Murugan from a distance of 10 meters, now the distance has been changed to 150 meters.

Therefore, the authorities of the Charitable Trusts Department should be instructed to make arrangements for the devotees to have unhindered darshan at the Vadapalani Murugan Temple without any hindrance, he demanded.

New rules have been implemented to control crowding at the Vadapalani Murugan Temple. Accordingly, the temple's deputy commissioner has filed a petition in the High Court, claiming that people can have darshan of Lord Murugan from a distance of 30 feet.

In this regard, N.S. Senthilkumar from Vadapalani has filed a petition in the High Court, stating, "The employees of the Charitable Department are behaving in a disrespectful manner towards the elderly, the differently-abled, pregnant women, and those who come with infants to have darshan of the Lord at the famous Vadapalani Murugan Temple."

The officials and employees of the charity department are creating various obstacles on their own to prevent people from having a proper darshan of Lord Murugan. The special darshan fee, which was Rs. 50, has now been increased to Rs. 100.

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Commercial LPG Cylinder Price Hiked

The price of a 19 kg commercial LPG cylinder in Chennai has been increased by ₹66.50, taking the revised price to ₹2,983 per cylinder.

The price revision will affect commercial establishments such as hotels, restaurants, tea shops and other businesses that use commercial LPG cylinders for cooking.

However, there has been no change in the price of domestic LPG cylinders used by households. The domestic LPG cylinder price remains unchanged.

New notification for ration items

Tamil Nadu government has issued a notification regarding central governments temporarily banned the distribution of ration items to BHH and AAY family members who have not purchased items for more than 6 months from ration shops from October 1. At the same time, the Tamil Nadu government has issued an order that the distribution of items to any family members should not be stopped.

The fingerprint registration (e-KYC) of family members in Tamil Nadu is 96.69 percent. Various special camps were organized on behalf of the government for fingerprint registration. The fingerprint registration verification, which was 95.44% in July, increased to 96.69%. This has benefited 4 lakh 49,663 beneficiaries.

However, family members who have not registered their fingerprints are advised to register their information through fingerprint and iris verification when visiting the ration shop, press release said.



PURATASI MAHOTSAV



Perumal and Thayar idols kept in a grand manner at Station Road, West Mambalam.

KODAMBAKKAM TIMES

K K Nagar & Vadapalani Edition (Saturday)

Mambalam & T Nagar Edition (Sunday)

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3 imaging innovations: One Goal

MGM Healthcare Malar, Adyar is advancing precision imaging through ultra-low-dose chest CT, low-dose CT coronary angiography, and deep-learning/AI-powered image reconstruction and quantitative analysis.

These innovations support earlier and more accurate detection of lung and heart diseases while reducing radiation and contrast exposure. The hospital has screened 260 patients through its ultra-low-dose chest CT programme, identifying 54 cancers, while 133 coronary CT examinations were performed over 10 days using approximately 15 ml of contrast per examination. By combining deep learning, advanced imaging protocols, and radiological expertise, MGM Healthcare Malar aims to make diagnosis earlier, safer, more precise, and more patient-centric. The goal is to deliver imaging that is earlier, safer, more precise, and more clinically useful, helping to make better-informed decisions.



Free senior citizen's day-care

Raindropss Charity Foundation inaugurated Raindropss Anbagam, a free senior citizen's day-care and residential home at Pothur, Thirumullaivoyal, marking a significant new initiative towards providing care, dignity and companionship to deserving senior citizens.

The inaugural ceremony was graced by Dr. V. G. Santhosam, Chairman, VGP Group of Companies; Music Composer and Goodwill Ambassador of Raindropss Charity Foundation, A. R. Raihanah; Anandam Founder Bhageerathy Ramamoorthy; Actress Vadivukkarasi; Vanitha, Thiruvallur District Social Welfare Officer, VGP Senior Director VGP Rajadas; Aravind Jayabal, Founder & Managing Trustee, Raindropss Charity Foundation, Vilakkukadai Rajalakshmi Sivasankaran and Manvasanai Menaka. Raindropss Anbagam, Plot No. 23, Thirumullai Lake View Garden, Kannadapalayam, Pothur, Thirumullaivoyal.

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Omni bus fares surge ahead of Ayudha Puja holidays

Omni bus fares to several destinations in Tamil Nadu have surged ahead of the Ayudha Puja and Vijayadashami holidays, with tickets to some southern districts crossing Rs 3,000.

Ayudha Puja falls on October 19 and Vijayadashami on October 20, giving people a four-day holiday including the weekend. With many planning to travel on October 16 and 17, demand for omni buses has increased. Tickets to Kodaikanal are reportedly priced up to Rs 4,999 and Ooty at Rs 3,500, while fares to Nagercoil, Kanniyakumari, Tirunelveli and Thoothukudi have crossed Rs 3,000. Fares to Madurai, Tiruchy, Coimbatore, Tirupur, Kovilpatti and Virudhunagar have also risen to around Rs 3,000.

For return journeys on October 20 and 21, fares on some southern routes that normally cost Rs 1,200-1,500 have reportedly crossed Rs 3,500. Omni Bus Owners Association state president Anbazhagan said maximum fares were fixed and announced in 2024 and urged action against operators charging above the prescribed rates.

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AROUND CHENNAI CITY

Electrician dies of electrocution

Santhanam, 31, an electrician lives at Choolaipallam. Last Wednesday construction work was going on at the house of Kumar, 57, Kanu Nagar, Nesapakkam. While working there, Santhanam's hand accidentally touched a high-voltage power line. In this, he was electrocuted and seriously injured.

Fellow workers rescued him and took him to the K K Nagar Government Hospital. From there, he was admitted to the Kilpauk Government Hospital for further treatment. Without responding to treatment he died after two days. The MGR Nagar police are investigating the matter. The deceased Santhanam has a wife named Pandeeswari.

Iron nut found in food students shocked

Recently Chief Minister Vijay inspected the hostel directly a few months ago and listened to the students' grievances. At that time, he assured the students that quality food would be provided. Similarly, Social Justice Minister Vanni Arusa has inspected the hostel four times so far. But no remedy done a iron bold nut was found in the batter and in idlies. One of the student says there is no good quality food provided for students even though assurance made by authorities.

The students have accused the hostel management of being negligent despite an inspection by Chief Minister Vijay.

Adi Dravidian and tribal students studying in various colleges in Chennai are staying at the M.C. Raja Social Justice Students Hostel in Saidapet. There are complaints that the food served to the students staying here is not of good quality.

However, the hostel administration is providing substandard food. Due to this, many students are forced to pay for food outside and eat.

Boy strangled to death at Koyambedu

Poovarasi (30), a resident of New Colony, Koyambedu a daily wage labourer and was separated from her husband and living with her 9 years old son. Meanwhile she had relationship with Tamilselvan of Kovilambakkam, who works as a loadman in the Koyambedu wholesale market. Later, he moved into her home and lived with her and the child.

On Tuesday evening, when Tamilselvan and Poovarasi were at the Koyambedu bus terminus, an altercation broke out between him and some women there. Furious that Poovarasi did not support him during the quarrel, he went home in anger.

A little while later, he allegedly called her over phone and threatened to hurt her son and disconnected the call. Soon afterwards, Tamilselvan called Poovarasi again and told her that he killed Tarun.

Shocked by this, Poovarasi rushed home and find out the boy was lying unconscious and Tamilselvan missing from the scene. She immediately called police and rushed the boy to a hospital where he was declared dead.

The CMBT police registered a murder case and moved Tarun's body to the Government Kilpauk Medical College Hospital for post-mortem examination.

The police have launched a search for Tamilselvan. Further investigations are on.

Police arrested two employees who tried to attack police

Police arrested two employees who tried to grab the shirt of a police officer who went to investigate and assault him.

Locals posted on social media that the goods and employees at the online goods sales company's warehouse on Neelakanda Street, Choolaimedu were of poor quality. Following this, the warehouse manager, Pugazhendi, questioned Kamaraj, 33, and Stephen Raj, 31, who were named in the charges. The two, who were intoxicated at the time, argued with him.

According to the information, when the Choolaimedu police, Sakthivel and Prabhakaran, went there to investigate, the two tried to grab their shirts and attack them. Following this, additional police were called and the two were arrested.

Lawyer arrested for ruckus at idli shop

Geetha, 45, runs an idli stall on the roadside at Nagavalli Amman Street, Kamaraj Colony Kodambakkam.

A lawyer named Suman Raj was under the influence of alcohol got into an argument with the shopkeeper and argued the people nearby and asked the idli was hot and made a fuss over Geetha, who was there.

He argued with them, saying that he was a lawyer and that no one could do anything to him.

Kodambakkam Police Inspector Karunakaran, who was on patrol duty at the time, enquired about the problem.

Then the lawyer suddenly rolled onto the road and started a ruckus, challenging the inspector to send him to judicial custody.

Based on Geetha's complaint, the Kodambakkam police registered a case under the Prevention of Harassment of Women in Public Places Act and investigation is on.

Contract employee attempted suicide by consuming pesticide

Saranya is working as a contract worker in Ward 148, Valasaravakkam Mandal. Recently she caused a stir after posting a video of herself committing suicide due to the constant stress she was experiencing at work place.

In the video she posted, as saying that she have been facing severe mental stress at workplace for the past three years. Now, she can't bear it anymore. She accused the new health inspector Devadarshini and the current leader Sathyavani, and the former leader Dhanalakshmi are the reasons for her suicide attempt. In the video she said that they are supporting someone who has not been to work for eight months due to ill health and making us do his work.

Some people come in the morning to participate in the meeting, take photos and leave, but their full attendance is recorded. When I ask about this, they threaten me. Last year, when my child was admitted to the hospital, they did not pay me my salary.

Due to continuous mental stress, I have been forced to undergo medical tests and wear glasses due to poor eyesight. These three people are the reason for my decision.

She said this in it.

Elderly woman robbed at knifepoint in T Nagar

Lakshmi, 85, lives in Tilak Street, T Nagar with her daughter Radha, 54, and grandson Rahul, 26. While Lakshmi's daughter and grandson were away. Then a masked man entered the house through the back door with a knife and threatened the elderly woman with knife point and snatched away her gold chain and bangle. Based on the complaint filed by Lakshmi, the Pondy Bazaar police are investigating the case.

Woman cheated of Rs 40 lakh on the pretext of marriage

A 29-year-old woman from Thaisa Apartment, Virugambakkam, is practicing law at the High Court. The woman, who was separated from her husband, also had a relationship with Saravanan, a supporting actor in television serials, and the two were said to have been living together since 2023.

Saravanan already had an extramarital affair with another woman and had two children. The woman lawyer knew about this, but continued to have sex with her because she said she would marry him. It is said that during the relationship, she received up to 40 lakh rupees from him in various installments.

Subsequently, the victim filed a complaint at the Virugambakkam Women's Police Station, seeking action against Saravanan for allegedly deceiving her by promising to marry her. The police arrested Saravanan after investigation.



Beach Cleaning

Lions International District 3241C conducted a mega Beach Cleaning Project on Saturday 26th September at Nochikuppam/ Santhome beach. Many Clubs including Lions Club of Madras Mylapore, Leo Club of Annai Veilankanni's College of Arts & Science participated. District Chairperson Lion Kamalakannan presided. District Governor Lion Rajesh M Joshi flagged of the project in the presence of many Lions. Tons of garbage collected.



Much anticipated inauguration of Poonamallee-Vadapalani Metro on Oct 11

Prime Minister Narendra Modi will be inaugurating Poonamallee-Vadapalani Metro on October 11. The new line will provide an alternative for commuters from Poonamallee, Kumananchavadi, Kattupakkam, Iyyappanthangal, and Porur, who currently depend heavily on road transport.

The proposed opening comes after months of delay. The stretch had received final approval from the Commissioner of Railway Safety in May after obtaining safety clearance and complying with the stipulated conditions.

The Poonamallee Bypass-Vadapalani section forms part of Corridor 4 of Chennai Metro Phase II, which will eventually connect Poonamallee Bypass with Lighthouse. The operational stretch is around 14.6 km long and has 11 elevated stations.

The fare chart covers stations along the newly opened section, with the lowest fare applicable to short-distance journeys and the maximum fare of Rs 40 for travel between the two terminal points.

At Vadapalani, commuters will be able to connect with the existing Phase I Metro network, providing access to other parts of the city. The opening of the stretch is also expected to improve connectivity between the western suburbs and central Chennai.

But the line was not opened as it awaited the inauguration schedule.

The fares on the stretch range from Rs 10 to Rs 40. CMRL sources said the fare chart would be uploaded on the official website after the formal inauguration. Initial services are expected to operate at 10-minute intervals, with around 15 trains likely to be deployed on the route.

The fare from Poonamallee Bypass to Poonamallee Bus Stand has been fixed at Rs 10, while trips to intermediate stations, including Poonamallee Government Hospital, Karayanchavadi, Kumananchavadi, and Kattupakkam, will cost Rs 20.

The fare will rise to Rs 30 for Iyyappanthangal and stations towards Porur, while a journey from Poonamallee Bypass to Vadapalani will cost Rs 40.

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GCC to desilt Mambalam Canal ahead of northeast Monsoon

Greater Chennai Corporation will desilt the 5.7 km long Mambalam Canal at a cost of 46.7 lakh ahead of the NEM. The civic body has floated tenders and the contractor will be finalised soon. The tender specs entail contractor to deepen the waterway by four feet and it will cover key spots including T Nagar, West Mambalam, Nandanam & Saidapet.

GCC will remove silt and remove blockages in culverts at Venkatnarayana Road and CIT Nagar to make water flow faster. The project also will widen the outfall point of the canal in Adyar River next to YMCA.

The contractor has to deploy multiple robotic excavators starting from Valluvar Kottam. Around 300 m will be cleared. The canal is also the most narrowest at this spot at just three metres, and works will simultaneously proceed at Bazullah Road and Venkatnarayana Road. Officials said metro too will aid in desilting the stretch where they are constructing the Panagal Park-Nandanam underground line.

' Earlier, the flow capacity was at 138 cusecs and they removed some encroachments in MGR Salai and GN Road which pushed to flow to 200. Still major works are yet to be done'.

Free eye examination and cataract surgery camp

A free eye examination and cataract surgery camp will be conducted on 4th of October at Choolaimedu.

The eyes of Charumathi, a 4-month-old baby of the 'Arima' Ravichandran and Vidya couple, were donated in 1994. In memory of this, the International Arima District – 3241C and Aravind Eye Hospital are jointly organizing a free eye examination and eye surgery special camp at Lalchand Milabchand Dada High School.

The camp will be held from 9:00 AM to 2:00 PM. The public can participate and benefit from it.

For further more details contact 98217 33100, 86089 65647.

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